

Millbrook Community NEWSLETTER

SEPTEMBER 2018



Millbrook's Competition Powwow 2018

Important Dates

- 🦃 **September 6** - Saint Mary's University Mawiomi
- 🦃 **September 10** - at 10am Economic Development
- 🦃 **September 11** - at 9:30am Chief and Council Meeting
- 🦃 **September 13** - at 10am Shannon Park meeting with INAC
- 🦃 **September 13** - meet the students at TES at 6pm
- 🦃 **September 15** - at 7pm APTN movie night with Director & Community
- 🦃 **September 26** - APC All Chief & Council at Hilton Double Tree Hotel Dartmouth 9:30am

 **MILLBROOK
FIRST NATION**

TELEPHONE: (902) 897-9199
TOLL FREE: 1-(800)-693-3112
MILLBROOK BAND ADMINISTRATION
P.O. BOX 634
TRURO, N.S. B2N 5E5

Millbrook Band Office

Mailing Address

Millbrook Band
Administration
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday - Thursday
9:00am-12pm 1:00pm-4:30pm
Friday
9:00am-12pm 1:00pm-4pm

Phone Numbers

Band Office
1 (902) 897-9199
Toll Free
1 (800) 693-3112

Social Assistance

Social Assistance Cheques are tentatively scheduled for: **September 13 & 27, 2018**. Applications are available at the Reception desk at the Band Office.

June 18 Millbrook Enterprise Credit Deadline

The deadline for June 2018 Enterprise Credit is September 18th, 2018. Any application not received or post marked on or after this date will not be accepted. Faxed Applications will not be accepted, please mail!

Chief and Council Meeting

The next Chief and Council meeting is scheduled for **September 11, 2018**.

The deadline for submissions or requests to see Council is **September 7, 2018**.

Please submit to the Administrative Assistant, Jay Martin, Phone: (902) 897-9199 Ext. 110,
Fax: (902) 893-4785 or e-mail: jay.m@eastlink.ca.

October's Chief and Council meeting is **October 9, 2018**.

Chief and Council Meetings

September 2018

- 🌸 **September 10** - at 10am Economic Development
- 🌸 **September 11** - at 9:30am Chief and Council Meeting
- 🌸 **September 13** - at 10am Shannon Park meeting with INAC
- 🌸 **September 13** - meet the students at TES at 6pm
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Community Meeting Dates:

🌸 N/A

Contact the Community Engagement Officer, Gerald Gloade by e-mail: gerald.gloade@eastlink.ca to make suggestions for future discussion topics. We would like to have Community Members feedback. The purpose is community engagement. Focusing on information sharing and addressing community concerns on a ongoing basis. We do our own consultation and need to regularly inform community members. We are developing our own consultation process.

Newsletter Deadline

The Newsletter deadline is the 26th of each month.

September 26, 2018

You can make a contribution to the Millbrook Community Newsletter by sending your information to: mbcommunications@eastlink.ca, or by the website contact form (link) <http://millbrookfirstnation.net/contact-us/> or submit information to the Reception desk at the Band Office.

Community

The Community page; this may include birthday messages, recent or historic photos, congratulations to a person or group, public events, items for sale, availability for odd jobs. To have your information posted on the newsletter and website send your information to Nigel Gloade by calling the office at (902) 897-9199 extension: 119, iMessage or e-mail: mbcommunciations@eastlink.ca

[Building Permits](#)

Before constructing on your property contact Millbrook's Bylaw Officer to obtain a building permit.

[Happy Birthday](#)

- September 2nd
Happy 1st Birthday Max!!!!
Love Mom, Dad, Bailee and Zoey xoxo.

[Millbrook Fisheries](#)

Millbrook Fisheries handed out Scallops to Band members



[Hub Grub Eating Challenge](#)

A BIG congratulations to Gerald for winning the eating challenge belt today at an amazing time of 4min 5seconds.

Thanks to all three contestants Mike, Alex and Gerald. Special thanks to referee firefighter Craig Matthews and of course ALL who came out to watch.



Millbrook Athletes at The Nova Scotia Mi'kmaw Summer Games

The Honourable Carolyn Bennett
Minister of Crown-Indigenous Relations stopped in at the Millbrook Band Office for a chat.



Millbrook 2018 Competition Powwow









CONTEST DETAILS

What does your bus/bus driver mean to you?

Thousands of students in Nova Scotia rely on their school bus drivers to get them to and from school safely. We want to hear from you about the impact that your school bus driver has had on you! Who are they? What stands out about them? What are your favourite parts of riding the school bus? We want to hear from you!

We're giving you two options to submit an entry in this contest...

- Create a 1 - 2 minute video about why your school bus/bus driver is important to you. Grab some friends and get creative! Upload the video to YouTube and submit the video URL to contact@safetyservicesns.ca or through the form on this page
- Write a poem about why your school bus/bus driver is important to you and submit it to contact@safetyservicesns.ca or through the form on this page

Two winners will be selected to win \$500!

SUBMISSION DEADLINE

Contest closes Sunday, November 25, 2018. All submissions need to be sent through the form on this page or to contact@safetyservicesns.ca by 11:59 PM AST by November 25, 2018.



Do you have an indigenous background?

Registered Status First Nations, Innu and Metis players born between
2001-2006 interested in

**Team NS Indigenous Development
Soccer Team**

ATTEND AN IDENTIFICATION CAMP

**August 18th @ Membertou First Nations
September 8th @ Millbrook First Nations**

1pm Tim Horton's field, 6 Lorne Street, Truro Nova Scotia

For more information contact: naigteamsoccerns@gmail.com

www.facebook.com/NSNAIGSoccer

naigteamsoccerns.wixsite.com



AABIZIINGWASHI (#WideAwake)

NFB INDIGENOUS CINEMA ON TOUR!

APTN + NFB present
in collaboration with Millbrook First Nation

A Free Screening Event!
Followed by a Q&A with Filmmaker/Curator Asinnajaq

Saturday, September 15th
7:00 p.m.
The Millbrook Gymnasium
652 Willow Street, Millbrook, NS

Three Thousand

My father was born in a spring igloo—half snow, half skin. I was born in a hospital, with jaundice and two teeth. Inuit artist Asinnajaq plunges us into a sublime imaginary universe — 14 minutes of luminescent, archive-inspired cinema that recast the present, past and future of her people in a radiant new light. Diving into the NFB's vast archive, she parses the complicated cinematic representation of the Inuit, harvesting fleeting truths and fortuitous accidents from a range of sources—newreels, propoganda, ethnographic docs, and work by Indigenous filmmakers. Embedding historic footage into original animation, she conjures up a vision of hope and beautiful possibility.

Mohawk Girls

With insight, humour and compassion *Mohawk Girls* takes us inside the lives of three teenagers as they tackle the issues of identity, culture and family. They are outspoken, honest and wise beyond their years. Deeply emotional yet unsentimental, *Mohawk Girls* reveals the hope, despair, heartache and promise of growing up Indigenous at the beginning of the 21st century.



Sunday, October 28th, 2018

Doors open at 9am and mini starts at 1pm and regulars at 2 pm
15 Legends Drive, Exit 13A, Truro Power Centre, Millbrook, NS 1-888-608-1754



*Bright, spacious,
onsite Café,
smoking rooms,
latest technology*

HIGH STAKES



\$110,000.00

available to be won

\$4000.00 Regular Games

\$3000.00 Special Games

\$25,000.00 Jackpot



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(WITH ENTRANCE
PKG PURCHASE)

\$170.00 ENTRANCE

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- 1-12 ON REGULAR BOOK
- 1-6 ON SPECIAL BOOK
- 1-6 ON MINI BOOK
- 4-BONANZA
- 2-DUAL DABS
- 1-WORST CARD
- 1-JACKPOT
- TOONIE AND LOONIE STAMP
- FREE DINNER



Packages available at MacQuarries Pharmasave on Prince St., Truro, by paypal on Legends website, by visiting Legends Gaming Centre during regular bingo sessions or by credit card by calling 1-888-608-1754

Limited busing is available from Halifax. Contact Mary Clark (Halifax Bus Monitor) 1-902-580-0056



\$260.00 ENTRANCE/HOTEL ACCOMMODATION PLUS SATURDAY BINGO PACKAGE (based on double occupancy)

www.legendsgamingcentre.com



cannabis CONVERSATIONS

Colchester Cannabis Community Conversation

Chief Dave McNeil – Truro Police Services

Dr. Ryan Sommers – Medical Officer of Health

NSHA Northern Zone

Monday September 10, 2018

6:00pm

Millbrook Community hall

Church Road

For more info. Contact Peter Gloade 902 897 1234

SPARK THE
CONVERSATION

Refreshments and door prizes



Kiskaja'Isi "Prepare Yourself" Basic Fire Suppression Training Millbrook First Nation



Where: Millbrook
Community Hall

When: Tuesday,
September 25th

Time: 8:30am – 4:00pm

Space is limited. RSVP to Alanna Syliboy at asyliboy@cmmns-denr.ca

Open to all Community members 18+ | Trainees will require CSA approved steel-toed work boots | All other equipment will be provided | Lunch is provided



Remembering our Past to Prepare for our Future



The Confederacy of Mainland Mi'kmaq

**MILLBROOK
FIRST NATION**



Millbrook Early Education Centre News

Important Dates In September

Thursday, September 6th, 2018

First day of school!

Friday, September 14th, 2018

Outdoor Adventures

Friday, September 21st, 2018

Outdoor Adventures

Friday, September 28th, 2018

Nitapk Day!

If your child is unable to attend school,
please contact us.



Contact Us

902-897-1249 / 902-897-0445

Ext. 101 Director (Nik)

Ext. 102 Preschool 4 (Sue/Cynthia)

Ext. 103 Daycare (Leslie/Genny)

Ext. 104 Preschool 3-A (Pam/Carrie)

Ext. 105 Preschool 3-B (Destiney)

Ext. 106 SLP (Christina)

Director's email: meeec@eastlink.ca



NOVA SCOTIA
BARRISTERS' SOCIETY

*The Nova Scotia Barristers' Society
cordially invites you to attend*

COUNCIL IN THE COMMUNITY

September 21, 2018 | 9:00 am – 2:30 pm
Millbrook Community Centre
72 Church Road
Truro, NS B2N 6N5

The Nova Scotia Barristers' Society cordially invites you to attend our Council meeting on September 21, from 9:00 am to 2:30 pm at Millbrook Community Hall. The meeting is open to the public. Please do come!

This is an opportunity to speak with Council, the governing body of the Nova Scotia legal profession, to learn about the role of the Society and the work we are doing with respect to the Calls to Action of the Truth and Reconciliation Commission. **We especially encourage Indigenous members of the Nova Scotia Bar to attend, so we are able to discuss ways in which the Society can support you in the delivery of legal services.**

Attendance is free and lunch is provided.

Please RSVP by September 12 to Emma Pink at emmap@nsbs.org

Community



[Sacred Heart Church](#)

Regular Sunday Mass Time is at 11:30 a.m.

For More information visit the Immaculate Conception website: www.icc-truro.org.

[Prayer Group](#)

Prayer Group meets every Monday at 7:00 pm. at the Senior's Centre in Millbrook. Agenda includes Rosary and Prayers, followed by tea, a light lunch and a social.

Come join us – everyone is welcome! The contact person for group is Jane Abram at (902) 893-7454.

[“Understanding the Bible”-Weekly Scripture Study for Adults](#)

Please join us on Thursday evenings at 7:00 pm for an evening of fellowship as we learn together the Word and grow in grace and understanding. Tea and light refreshments to follow. Located at 74 Abenaki Road. Contact: Kelly Gloade at (902) 890-8307.

[Community Hall Bookings](#)

To book the Community Hall please contact **Jay Martin at (902) 897-9199 Ext 110.**

Thank you to those who continue to keep the hall, clean, neat and tidy.

Please try to book your event early, preferably a minimum of 2 weeks in advance.

[Compost, Garbage & Recyclables](#)

CLEAR GARBAGE BAGS ARE A MUST.

That means only **one black garbage bag** (privacy bag) per week, **the rest must be in clear bags.** [Recycle items \(containers and paper\) must be in blue bags or clear bags.](#) **Cardboard boxes must be broken down!** If you do not have a compost bin please call Carla Moore at the Health Centre at 902 895-9468. There are some of the small kitchen containers available.

Garbage is picked up every week.

Compost bin dates are **Tuesday, September 11 & 25.**

[Blue Bags dates are Tuesday, September 4, 18 & October 2.](#)

All items must be at curb side by 7:00 am.



[Used Battery Bin](#)

If you have old batteries please do not throw them in the garbage, we have a battery recycle bin located in the Band Office and Health Centre. - WELA'LIN Natasha Bernard

[Millbrook Youth Centre](#)

The Youth Centre is open **Friday & Saturday nights 6-11pm**

The Millbrook Youth Centre has part time staff to supervise the youth.

[RECC Membership](#)

Millbrook has worked out a corporate rate with the Rath Eastlink Community Centre. Corporate Memberships apply to yearly membership only. The Civic Centre is not located on the reserve, Taxes are applied to the cost. The Band Member must purchase the Membership first then submit the receipts to Priscillia Martin. The Tobacco Store covers \$300 per activity(see regulations online at millbrookfirstnation.net).

Community

Sunday Night Hockey

Sunday night hockey at the Deuilles has ended until next season.



Millbrook Family Skate Every Sunday Morning

Sunday morning ice times at the R.E.C.C. starts at 9-10am,
September 9, 16, 23 & 30

Millbrook Fitness Centre

The Millbrook Fitness Centre is open **1pm-4pm** Monday to Friday.
It is open in the evenings from **6pm-10pm** Sunday to Thursday.
Exercising a few times a week is a great way to improve your overall health.



Alanon

There is a Alanon meeting every Monday 10am, and Tuesday 8pm at the Alliance Church on Phillips Street which is off Robie Street.

Detox

Its better if the client comes to my office and we call the detox to do a booking, the detox “always has to talk to the client first” before a bed is given to them, for the client to answer questions RE : health, and medical. I Can not do the booking for the client. If for some reason client can not make it to my office I ask if they could call them which most of the time it not the same day.

Health services:

Please call NIHB before you get eye exams/glasses, medical transportation, medications and mental health services to see if those are covered by NIHB and that you are eligible for those things. The NIHB toll-free number is 1-800-565-3294 (press 2 for client, then press 1 for vision, 2 for medical transportation, 3 for medical supplies and equipment, 4 for medications, or 5 for mental health). Before you undergo a dental procedure, make sure your dentist has called NIHB’s dental pre-determination centre to find out if the procedure is covered by NIHB.

Health Centre

Mailing Address

Millbrook Health
Centre
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday - Thursday
9:00am-12pm 1:00pm-4:30pm
Friday
9:00am-12pm 1:00pm-4pm

Phone Numbers

Health Centre
1 (902) 895-9468
Toll Free
1 (844) 895-9468

Confidentiality

The health centre staff are professional individuals who want to provide the best services to community members. Please be assured that they maintain confidentiality about your personal information and your appointments.

Mental Health and Addictions Counselling

Our mental health and addictions clinicians are available at the Health Centre on Wednesday, Thursday and Friday for one-to-one counselling and also for family members affected by their loved one's mental health and addiction issues. Please call the health centre (902-895-9468) for an appointment.

Szonja Vamos, who is filling in for Meaghan Fullerton while she's on maternity leave, earned a Bachelor's Degree in Psychology from Barry University in 2008 and completed a Master's Degree in Marriage and Family Therapy from the University of Miami in 2011. She began her career in the field as a research assistant and spent 10 years working in health care settings in Miami, Florida's diverse communities. As a therapist and later an assessor, she provided individual and family therapy to at-risk children and youth, and adults with mental health and substance abuse issues, in schools, homes, detention centres, foster- and group-homes, and treatment centres. After relocating to Nova Scotia last year, she joined the Nova Scotia Health Authority in March, and is passionate about providing supportive counselling in First Nations Communities.

Meaghan Fullerton, M. Ed, CCC, RCT-C is our Mental Health Clinical Therapist. Her position is shared by Millbrook Health Centre and Sipekne'katik Health Centre. She is available for one-to-one counselling at the Millbrook health centre on Wednesdays and Fridays. Her counselling work has focused on culturally-safe mental health care for Mi'kmaq communities, and she has worked as a community-based therapist in both Pictou Landing and Paq'tnkek in the past. Meaghan's areas of work include anxiety, depression, addictions, trauma, intergenerational and colonial trauma, ADHD and other learning exceptionalities, behavioural issues, family crisis, self-harm, recent life-changes, and grief. Please call the health centre at (902) 895-9468, or text 902-899-7843 to book an appointment with Meaghan.

Janet Tomlinson – Janet has worked with Mental Health and Addictions for over 11 years. She has advanced training in Cognitive Behavioural Therapy, Eye Movement Desensitization and Reprocessing (EMDR) for PTSD and Dialectical Behavioural Therapy (DBT) for individuals with borderline personality disorder (and other mental health and addiction issues), as well as an extensive background working with individuals with addiction issues.

Michelle Sullivan M.Ed., RCT-C, CCC, is a Mental Health and Addictions Clinical Therapist with the Nova Scotia Health Authority. She is available for one-to-one mental health and addictions counselling on Thursday mornings at the Millbrook Health Centre. Michelle earned a Masters of Counselling Psychology at Memorial University in Newfoundland & Labrador, and has worked extensively with youth and families for over 25 years. She has provided clinical work and supportive counselling to clients in a variety of settings. Some these settings include: client homes, with youth at risk in group homes, an addiction treatment centre, and individually with regional health authorities in Newfoundland and currently in Nova Scotia. Michelle's areas of counselling work include: anxiety, depression, addictions, grief and loss, past trauma, self-harm, abuse issues and life transition/adjustment challenges. Please call the Millbrook Health Centre at (902) 895-9468, to book an appointment with Michelle.

Gladys Fraser, Indian Residential Schools Counselling is a clinical therapist with the Nova Scotia Health Authority for the past 11 years. She is working at the Millbrook Health Centre 2 days a week (Monday & Tuesday), counselling children, adolescents (up to age 18) and families. Gladys previously worked with the Autism Program and Family First program at Colchester East Hants Health Centre. Gladys can help children and youth with a variety of mental health needs/concerns such as anxiety, depression, gender/sexual identity, behaviour management, parent/child conflict, bullying, and self-esteem. Anyone can self-refer by calling the Millbrook Health Centre at (902) 895-9468 or Central Intake at the Colchester Hospital 902-893-5526 (press option 2) and be sure to let them know you want services at the Millbrook Health Centre, if this is what you want. Or they can call me directly at 902-899-6095.

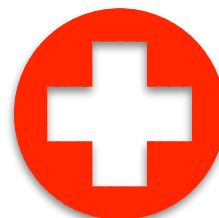
Medical Drivers

Donna Gloade

Home: (902) 895-9540 Cell: (902) 986-8842

Ella Paul

Cell: (902) 956-2679



[National toll-free First Nations and Inuit Hope for Wellness Help Line](#)

There is a National toll-free *First Nations and Inuit Hope for Wellness Help Line*. The Help Line, which started operation on October 1, provides immediate, culturally competent, telephone crisis intervention counselling support for First Nations and Inuit, 24 hours a day, seven days a week. Counsellors can also work with callers to identify follow-up services they can access. Counselling is available in English and French and, upon request, in Cree, Ojibway, and Inuktitut.

The new toll-free number for the First Nations and Inuit Hope for Wellness Help Line is 1-855-242-3310.

[Millbrook Free Spirit AA](#)

Millbrook Free Spirit AA group meets every Tuesday night at 7pm at the Millbrook Senior's Centre. Everyone is Welcome

**responsible for your own transportation.*

[Eskasoni Help Line](#)

For any youth who are having a problem such as bullying, peer pressure, or any problems and want to talk to someone there is a number to call; all calls are confidential. Eskasoni help line toll free 1-855-379-2099 or on Facebook Eskasoni Crisis Worker there will be someone there to chat to.

[NA meeting](#)

NA meeting in Truro are every Sunday, Tuesday, & Thursday nights at St Andrew Church 55 King Street at 8pm. For more information call 1 800 205 8402 or www.centralnovaarea.ca

**responsible for your own transportation.*

[Community Addictions Worker - Peter Gloade](#)

The Community Addictions Worker has a list of AA and NA & Alanon meetings in the local area or call (902) 895- 5535 for more information on local groups. Also www.area82aa.org has information.

If anyone has any suggestion regarding workshops or presentation what they would like to see regarding addictions. Please contact me at (902) 890-1671 or message me on facebook. I am open to all suggestions, Peter Gloade.

[Nova Scotia Legal Aid - confidential online forum](#)

Nova Scotia Legal Aid provides a confidential online forum on Tuesdays from 2 p.m. to 5 p.m. for people to ask a lawyer family law questions. The website is www.nslegalaid.ca.

[Treatment Centre Schedule](#)

- Rising Sun at Eel Ground, NB** is Aug 13, 2018, 5 weeks Co-ed
 - Eagles Nest Recovery house** Indianbrook Sept 3/18, 4 weeks Co-ed program.
 - Mikmaw Lodge** at Eskasoni, NS is Sept 3/18 5 weeks women's program
 - Wolastoqewiyik** Tobique Aug 8/18, 5 weeks coed program
 - Mawiomi Treatment Centre** Quebec Aug 13/18 5 weeks
- Any Millbrook Youth who would like to go a treatment program I have forms for the 3 treatment centres available.**
- Walgwan Centre in Quebec - long term program
 - Charles J Andrew Youth Centre Sheshatshiu Labrador – long term
 - Choices in Halifax

Contact the Community Addictions Counsellor (Peter Gloade) at 897-1234.





“The Mush Hole”

by Shantee Smith

Friday September 14

Bus Leaves the gym at 5:30pm

Show starts at 7:00pm

40 Tickets Available

Please contact the receptionist
at 897-9199

Anger Management

Anyone who needs to get counselling on Anger Management can contact Bridges – A Domestic Abuse Intervention in Truro at 902 897 6665 to do booking to see a Counsellor or contact Dan Walsh at the Millbrook Healing Centre at 902 893- 8483

Millbrook Gym Schedule

<u>Sunday</u>	<ul style="list-style-type: none"> • Archery 1pm-2:30pm • NAIG Volleyball 5:30pm
<u>Monday</u>	<ul style="list-style-type: none"> • Kids free play 6-8pm • Men’s pick up Basketball starts at 8pm
<u>Tuesday</u>	<ul style="list-style-type: none"> • League Volleyball 6-9:30pm
<u>Wednesday</u>	<ul style="list-style-type: none"> • kids free play 6-8pm • Men’s pick up Basketball starts at 8pm til close
<u>Thursday</u>	<ul style="list-style-type: none"> • Kids free play 6-7:30pm • pick-up Volleyball 7:30-close

Sleeping Beauty – A Pantomime

Alumini Theatre Dalhousie University
Cummings Drive
Truro

November 30th 7pm
December 1st 3pm matinee
December 1st 7pm evening performance
December 2nd 3pm matinee

If you are interested in auditioning for a part please contact Beth Terry on
902 890 2509

If you are interested in working back stage, front of house or being involved
in anything else regarding the pantomime please telephone Linda Finnie on
902 897 4712

A level of commitment will be required for anyone wanting to be involved
especially as we near the dates of the pantomime itself.

We require 13 main character actors (equal mix of men and women) and also
some non speaking roles who would like to dance or sing.



Ulnooweg is an Aboriginal financial institution that has been serving the needs for Aboriginal owned businesses since 1986.

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779 Prince Street, Suite 2
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Derrick Higgins
Advisor
Member, Advocis

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Cell: 902-986-3932
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www.sunlife.ca/derrick.higgins

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Markie Bus Tours Halifax Casino Runs

On the first Friday of every month we depart from Truro Staples parking lot, Robie Street at 9:30am. Leaving Halifax Casino at 3:30pm same day. Please call ahead for seating. \$30.00 per person. Also on the first Sunday & first Friday of every month depart from New Glasgow Zellers parking lot at 8:00am. Leaving Halifax Casino at 3:00pm same day. Please call ahead for seating. \$30.00 per person.

1. **Bus Transportation**
2. **FREE Non-Alcoholic Beverages on floor**
3. **One Meal Coupon**

Visit: Casino Nova Scotia for more Information.
Contact **MARKIE BUS TOURS** for more information.

Phone: 902-843-5501



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ISAP Indigenous Student Access Pathway

ISAP

The Indigenous Student Access Pathway is designed and delivered as a one-year program exclusively for First Nations, Métis and Inuit students who would not otherwise be eligible for admissions under Dalhousie's current minimum high school prerequisites, and who would benefit from dedicated supports while transitioning to a university environment.

ACADEMIA AND CULTURE

The ISAP will engage Indigenous students both academically and culturally. Throughout the student experience there will be opportunities for community involvement, access to Dalhousie's Elders in Residence program, and more. By immersing the students in a strong and supportive network of faculty, staff, and peers, the ISAP aims to provide both the tools for navigating post-secondary, and a culturally supportive environment needed to succeed.

PROGRAM DATES

ISAP runs from September to the end of April. Upon completion, successful ISAP students have the option to apply for enrollment in following term.

COURSE LOAD

ISAP students will be registered in four courses (3 credit and 1 non-credit) in both the Fall and Winter terms. Upon successful completion of ISAP, each student will have earned between 18 - 24 credits that will be transferable to other degree programs.

SUPPORTS AND SERVICES

The ISAP students will have access to the campus Manager of Indigenous Students and be provided a variety of support services and opportunities within the program.

STUDENT ELIGIBILITY

In order to be considered for admission to the ISAP, applicants must meet the following minimum criteria:

- Provide proof of Aboriginal Ancestry. *
- Present valid high school diploma

* The Constitution Act, 1982 specifies that the Aboriginal peoples in Canada consist of three groups: First Nations, Inuit, and Métis people.

INFORMATION

Arthur Stevens 902-956-9270

Arthur.stevens@dal.ca



Saturday, September 15th, 2018
9:00 pm to 11:00 pm

COSMIC BINGO

“Good Friends, Good Music, Good Prizes”
\$15.00 packages includes all games played,
additional books/cards available.

Spice up your Bingo game. - Cosmic Glows
Beer, Coolers & Bar Snacks available - Must be 19 years & older



15 Legends Avenue, Exit 13A
Truro Power Centre
Millbrook, Nova Scotia
Phone 1-888-608-1754

www.legendsgamingcentre.com

6on -10pg-Regular Book \$13.00

3on -10pg-Regular Book \$9.00

3on -Single Specials \$1.00

\$15 Pack includes: 1-6on-10pg-Reg Book

2-3on loose Specials

1-3on loose Jackpot



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SEPTEMBER 2018

Wednesday	Thursday	Friday	Saturday	Sunday
 <p>Call Hotel 902-843-4343 for preferred Customer Bingo Rates</p>				
5	6	7	8	9
Express Books	Express Books	LEVEL BINGO \$150/\$175/\$200 Regular Games	Floating \$200.00	\$200.00 Regular Games
12	13	14	15	16
Express Books	Express Books	LEVEL BINGO \$150/\$175/\$200 Regular Games	Back to School Frenzy \$5000 must go!	\$200.00 Regular Games
19	20	21	22	23
Express Books	Express Books	LEVEL BINGO \$150/\$175/\$200 Regular Games	Dauber Day	\$200.00 Regular Games
26	27	28	29	30
Express Books	Dual Dab Draws \$500 in total	LEVEL BINGO \$150/\$175/\$200 Regular Games	\$200.00 Regular Games	\$200.00 Regular Games

Sept. 8th

Back

to School

Frenzy

\$300.00

Regular

Games

3 Line

Progressive

\$5000.00

Must

Go

**October
28th**

**High
Stakes
Bingo**

**\$\$\$\$
\$25,000.00**

**Jackpot
\$4000.00**

**Regular
Games**

\$3000.00

Specials

Doors

open at

9:00 am

Admission

\$170.00

**June 11th 2018
Council Meeting
Minutes**

Attendance:

Chief Bob Gloade	Councillor Mike Stephens	Councillor Stephen Marshall
Councillor Bryan Brooks	Councillor Barry Gloade	Councillor Colin Bernard
Councillor Gordon Johnson	Councillor Alex Cope	Councillor Barry Martin
Councillor Ward Markie	Councillor Chris Nasson	

Councillor Barry Gloade called meeting to order at 10:25am.

Review May 7th 2018 Minutes:

Page 5: 6-unit apartment - This unit is intended for single people/family; location yet to be determined.

Motion by Councillor Ward Markie to accept minutes

Seconded by Councillor Chris Nasson.

Motion carried unanimously.

Letters to Chief and Council:

Reference: Director of Health Services - Monthly Report

Action requested: That Council support the requested salary increase for the ADI/Maternal Child Health Worker to administer the COHI program.

Agreed by consensus, Councillor Colin Bernard Abstained.

Action requested: That Council support the hourly rate increase for the Assisted Living worker in Cole Harbour.

Agreed by consensus to support this request.

Action requested: That Council support the funding of 2 beds per year at Crosbie House using own-source revenue.

Motion by Councillor Colin Bernard to support this request, rules/provisions to be established.

Seconded by Stephen Marshall.

6 for; 4 opposed.

Motion carried.

Action requested: That Council support the funding of an addition to the health centre to house a mental health and addictions unit using own-source revenue.

Discussion: Council would like to table until more information provided such as budget etc

Note: Councillor Adrian Gloade is at a fisheries meeting he will be late for Council meeting today.

Reference: Director of Commercial Operations - Economic Development update
(*in camera discussion*)

Reference: Charitable donation form
Form for charitable/non-profit organizations requesting donations from the band.

Reference: Member of Parliament (Bill Casey) re: Bill C-391
have Band Solicitor do up a BCR so that we can get support from AFN.

Reference: Multicultural & Diversity Summit 2018
Invitation and sponsorship form.
noted.

Reference: Band Member
Requested community intervention of youth that break and entered homes and vehicles.
waiting on response from RCMP.

Reference: Chief Bob Gloade
Are there incentives for Post-Secondary, NSCC or equivalent graduates?
Discussion: They have their graduate fees paid?
Band Administrator will look into this.

Reference: Band Member – Millbrook Golf Tournament
Requested annual donation of \$1,500.00 for Millbrook golf tournament.
Motion by Councillor Chris Nasson to donate \$1,500.
Seconded by Councillor Stephen Marshall.
motion carried unanimously.

Reference: Band Member
Appealed Council's decision from last meeting regarding request for books, and down sized the list.
Discussion: Councillor Mike Stephens spoke with BM, suggested that BM get an online library membership where thousands of books would be available. Post-Secondary Education Director will give BM a copy of guidelines for funding.
request denied.

Reference: Band Member
Requested to trade BM's house with vacant house on Abenaki Road.
Discussion: this house is no longer vacant, if BM wants to trade houses try finding someone to trade with, Council will have to approve the trade.
Band Administrator will have a letter sent to BM.

Reference: Band Member

Requested assistance with purchasing tools, completed aircraft engineering course.

Discussion: Did Millbrook fund this program? can we see if NEO program can assist with these tools? if not can Millbrook assist with tools?

Agreed by consensus to fund half \$310 if NEO program does not have funding to assist BM.

Reference: Band Member

Requested a cigarette and tobacco quota.

There are no available quotas.

request denied.

Reference: Finance Clerk

Email re: Heating system at Abenaki apartment.

Discussion: can something be installed to separate the oil usage? monitor system to keep track?

Band Administrator will look into it.

Reference: Band Member

Requested home repairs.

This was forwarded to Maintenance & Repairs Supervisor already.

Reference: Band Member

Requested home repairs.

forward to Maintenance & Repairs Supervisor.

Reference: Band Member

Requested home repairs and ramp to be removed.

forward to Maintenance & Repairs Supervisor.

Reference: Band Member

Requested home repairs.

Send Maintenance & Repairs Supervisor.

Reference: Band Member

Requested an extension to his house.

Send Maintenance & Repairs Supervisor to inspect.

Reference: Band Member

Requested an extension to his house.

Send Maintenance & Repairs Supervisor to inspect.

(Presentations to Council)

Reference: Minor's Trust

Semi-Annual Minor's Trust review by TD Trust & Money manager.

Reference: Amending Agreement - signed

AGREEMENT NO. 1819-AT-000005

AMENDMENT NO. 0001

BETWEEN:

HER MAJESTY THE QUEEN IN RIGHT OF CANADA

as represented by the Minister of Indian Affairs and Northern Development; and the Minister of Indigenous Services;

(hereinafter referred to as "Canada")

AND

THE MILLBROOK BAND COUNCIL, a "band" as defined in the Indian Act, as represented by the Chief and Councillors of the **MILLBROOK BAND COUNCIL** (hereinafter referred to as the "Council")

WHEREAS the parties entered into a funding agreement ("the Agreement") effective as the **1st day of April, 2018** and wish to amend the Agreement in order to **increase** the amount of funding identified in the attached **SCHEDULE "FED-1" Annex A to FED-1 - Adjustment Detailed Report**.

NOW THEREFORE, the parties agree as follows:

- 1.0 Fixed Contribution Funding (FIXED) has been adjusted in the following functional area for Fiscal year **2018-2019**.

Function Area: NP20 - FN&INUIT-SUMMER WORK EXP - \$49,953.00

- 2.0 Schedule "DIAND-3", Program, Service and Activity Delivery Requirements and Adjustment Factors has been amended to include the following:

Program, Service or Activity	Delivery Requirements	Adjustment Factors
First Nations and Inuit Youth Employment Strategy	The Council shall administer the First Nations and Inuit Youth Employment Strategy in accordance with the proposal(s) approved by DISC, the Terms and Conditions for the Grants and Contributions to Increase First Nations and Inuit Youth Participation in Education and Labour Market Opportunities, and the Summer Work Experience Program and the Skills Link Program National Program Guidelines issued by DISC or DIAND as amended from time to time.	The Budget is set on a proposal basis and may not be adjusted.

- 3.0 All other terms and conditions of the Agreement will continue in full force and effect.

Reference: Band Member

Requested immediate medical housing and submitted a repayment plan for money owed.

Discussion: Denied, not be eligible for housing until BM pays off the balance owing.

Reference: Band Member

Clarification on whether Council approved BM for senior housing unit?

Discussion: BM must pay back the amount for selling their interest in house on (*street address*).

BM can be eligible for senior unit, must pay back \$5,000.00 with a certain amount taken from each Millbrook Enterprise Credit cheque. Where the band pays for BM rental unit, BM can be eligible if BM makes a payment agreement.

BM1 would have first pick cause BM1's request was approved first, BM2 would have second choice.

Reference: Band Member

Requested a lot and requested on reserve subsidy.

Discussion: BM will have to pay back the off-reserve subsidy in order to ask for the on-reserve subsidy.

The policy states that when you own a house you do not qualify for subsidy. This had been approved for another band member that moved back on reserve.

It was suggested that Council revisit the subsidy policies.

BM can have a lot held for one year.

(Councillor Mike Stephens stepped out due to conflict of interest)

Reference: Band Members

Requested to be considered for housing on reserve.

noted. Band Administrator will check to see if BM received a housing subsidy.

(Councillor Alex Cope stepped out due to conflict of interest)

Reference: Band Member

Requested to be considered for housing on reserve.

noted. Apply for housing.

(Councillor Barry Martin stepped out due to conflict of interest)

Reference: Maintenance Supervisor

Requested to increase hourly rate for noted employee.

This can go to the next audit review committee; Band Administrator will give Maintenance Supervisor a copy of the evaluation process.

Reference: Band Member

Requested that the Band pave his whole driveway.

Chris Nasson has quotes for band members turning 65 this year, he will bring it in this morning.

tabled.

Reference: Health Centre PDI

Draft design for extension Health Centre.

See if Oliver Browning PDI can give estimate costs.

Reference: Band Members

Thank-you letter.

Noted.

Reference: Pow wow Committee - Arbor

submitted a copy of arbor, can they get the green light to proceed?

Agreed by consensus to give the green light to proceed.

New Business

Reference: Air conditioning for 65 years

if they have a new heat pump, they can use their heat pump.

Reference: Abenaki Connector Road - side of road

On the right side needs more gravel, there is a big dip on edge of pavement.

This can be done.

Reference: High School Grads

There are 21 graduates this year from High School, it was suggested to use brackets on poles in Millbrook and post their grad pics approximate cost is \$90 each.

Discussion: Also suggested this can be used for signage during pow wow, gay pride etc

Agreed by consensus to proceed with posting grad photos

Reference: Crosbie House

2 beds have been approved today.

Discussion: A band member is currently in program, could one of these beds be used for them. It was suggested that should be posted before any decision is made.

Motion by Councillor Colin Bernard to give one of these beds to Band Member with provisions that BM would have to pay the amount back if he does not complete the program.

Seconded by Councillor Chris Nasson.

5 for;

5 against;

Chief Bob Gloade broke the tie and voted for;

Motion carried.

Reference: Steps between hall and Church

In need of repair or replacement. Replace with something better.

Agreed by consensus to replace these steps.

Reference: Band Member

Requested tuition to be paid for a week-long course

Discussion: Councillor Gordon Johnson said there was a sea school that had seats for aboriginal students. He will look into it.

This doesn't fit Post Secondary or NEO's programs.

Reference: Band Member - BCR (*reference #2018-08*)

Requested a BCR to ban an individual from Millbrook.

Discussion: BM has been dealing with RCMP so they would have reports on file.

Motion by Councillor Mike Stephens to ban this individual.

Seconded by Councillor Ward Markie.

Motion carried unanimously.

Reference: Band Member

Requested to receive full amount of her MEC cheque.

In the past BM had requested half but did not ask this time around and missed the direct deposit deadline.

Request denied, Band member has a receivable.

Reference: Consultation team

(in camera discussion)

Reference: Commercial Property – Willow Street

Mi'kmaw Conservation Group may be interested in this building.

Reference: Donation requests

It was suggested that fundraiser not hit up all businesses 4-5 times a year with partners we have at the power centre.

Reference: Monthly Reports

Chief and Council would like to have monthly reports from Maintenance & Repairs Supervisor.

Band Administrator will request that he submit monthly reports.

Reference: Succession plans for staff/Departments

It would be ideal to have succession plans in place for each department. Right now, would be a good time to be looking into having them set up or developed. Any filing systems of each employee should be easily accessible by administration should anything were to happen and we would be prepared to have succession to run smoothly. Currently working with Human Resources contractor which involves succession plans etc. with every employee. We can look into this further in continuation of this meeting tomorrow.

Reference: Tax Exempt Liters

Is there a protocol so you don't have apply every four years, don't like province dictating how much.

Discussion: It's tax controlled, if you're not using the liters, maintain the level of liters use, they will take them from you. Individuals can save receipts and apply to have it reimbursed.

Reference: Aero plan points card

we never had one of these but we have now. Home hardware is one of our main supplier for building supplies, we can see if we can get the last six months redeemed for points.

Reference: Minutes

Minutes haven't been posted online or in the newsletter.

Discussion: There was concern for The *Privacy Act*. Council decided that once minutes are approved they can be sent to Communications Officer to post on website and in the newsletter without redacting from this day forward. Personnel issues will be "*in camera discussion*" and not posted in minutes.

Reference: Treaty Connector Sign

Part of this sign on movie theatre side is broken.

Reference: Traditional Regalia

Can we modify tobacco store regulations on supporting funding for traditional regalia?

Discussion: Craft supplies is only for those 19 years and older.

Agreed by consensus to provide funding for traditional regalia of \$300.00 every two years for band members 18 years and under for purchase a regalia with receipts attached.

Reference: Archery Committee

Requested yearly donation of \$5,000.00

A budget was requested; Councillor Bryan Brooks will provide this tomorrow.

Reference: Summer Games

last year the amount was \$500 per child 18 years and under and \$500 for seniors.

Can we keep the amounts the same this year?

Agreed by consensus to keep the amounts the same.

Reference: Speed humps

Are we going to install speed humps and bumps?

Yes, install near play grounds as well. Will contact Maintenance & Repairs Supervisor to install.

Meeting done for the day at 3:30pm; to reconvene tomorrow.

Motion by Councillor Barry Martin to adjourn meeting at 2:30pm June 12th 2018.

Seconded by Councillor Colin Bernard.

**Native Support Worker at Truro Junior High School
1 Year Term Contract**

The Student Support Workers Position under the direction of the Millbrook Educational Services Director and the direct supervision of the School Principal, the staff member will

- provide positive role models;
- reduce the feelings of isolation and disconnectedness experienced by the First Nation Learners, their families and communities;
- enhance the academic, cultural and social experiences of First Nation Learners;
- help schools increase the retention of First Nation Learners in the education system;
- increase liaison between the Millbrook community and schools.

Qualifications and Requirements of Student Support Worker

- must possess a high school diploma or equivalent;
- have experience in working with teenagers in a community or school setting ;
- have demonstrated ability in working collaboratively as part of a team involving students, teachers, school administration , school support staff, parents/ guardians;
- have experience working with and demonstrated concerns for children and youth, particularly those “at-risk”;
- have appropriate interpersonal and communication skills;
- have demonstrated ability in assisting youth in reaching their potential;
- have the ability to work independently as well as within a team setting ;
- must submit to a Child-abuse Registry and Criminal Police Check.
- Millbrook Band Members of Mi'kmaq descent will be given preference.
- this is a one year term position.
- not all who apply will be interviewed.

Knowledge of and experience working with First Nations youth and community involvement is essential.

Hours: Based on School Hours

Tentative Start: September 2018

Closing Date for Applications: Monday, September 10th at 4:00 pm.

Please drop resumes at the Millbrook Band Office, attention Carley Gloade

August 2018						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Dr. Kelly Gladys Szonja	2 Addiction Services	3 Gladys Szonja	4
5	6 Office Closed Civic Holiday	7 Gladys Blue Bags & Garbage	8 Gladys Szonja	9 Addiction Services	10 Gladys Szonja	11
12	13 Dr. Vance	14 Dr. Kelly Gladys Compost & Garbage	15 Dr. Kelly Gladys Szonja	16 Dr. M. Ferguson Addiction Services Foot Clinic	17 Gladys Szonja	18
19	20 Dr. Vance (PM)	21 Gladys Blue Bags & Garbage	22 Gladys Szonja	23 Addiction Services	24 Gladys Szonja	25
26	27 Dr. Kelly	28 Dr. Kelly Gladys Compost & Garbage	29 Gladys Szonja	30 Addiction Services Foot Clinic	31 Gladys Szonja	

MILLBROOK FIRST NATION DIRECTORY

MILLBROOK BAND ADMINISTRATION

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CHRIS STEVENS

(902) 956-9174

NOLAN MARTIN

(902) 890-3608

SONNY JULIAN

(902) 956-8712

MILLBROOK TOBACCO STORE

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MILLBROOK RCMP

NON-EMERGENCY

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MILLBROOK OPERATIONS & MAINTENANCE

RICHARD GLOADE SR.

(902) 899-0485

MILLBROOK MEDICAL DRIVERS

DONNA GLOADE

(902) 895-9540 OR

(902) 986-8842

ELLA PAUL

(902) 956-2679

MILLBROOK YOUTH CENTRE

(902) 893-1762

MILLBROOK CONSTRUCTION

NEW CONSTRUCTION

BERNIE BERNARD

(902) 899-5247

RENOVATIONS & REPAIRS

LORNE PAUL

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G-MAN

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TRANSITION HOUSE

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IMMACULATE CONCEPTION CHURCH

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