

# Millbrook Community **NEWSLETTER**

MARCH 2018



## Mi'kmaq Flag Raising Ceremony at CCRB & CEC

### *Important Dates*

- **March 8-11** - Wally Bernard Tournament
- **March 9** - Opening of the Nora Bernard Room at Success College (lower Sacville)
- **March 12-16** - March Break Activities
- **March 13** - Millbrook Chief and Council Meeting
- **March 17** - St. Patrick's Day
- **March 30** - Good Friday
- **March 31** - Millbrook Easter Egg Hunt

 **MILLBROOK  
FIRST NATION**  
TELEPHONE: (902) 897-9199  
TOLL FREE: 1-(800)-693-3112  
MILLBROOK BAND ADMINISTRATION  
P.O. BOX 634  
TRURO, N.S. B2N 5E5

# Millbrook Band Office

## Mailing Address

Millbrook Band  
Administration  
P.O. Box 634  
Truro, NS. B2N 5E5

## Business Hours

Monday - Thursday  
9:00am-12pm 1pm-4:30pm  
Friday  
9:00am-12pm 1pm-4:00pm

## Phone Numbers

Band Office  
1 (902) 897-9199  
Toll Free  
1 (800) 693-3112

## Social Assistance

Social Assistance Cheques are tentatively scheduled for: **March 1, 15 & 29, 2018**. Applications are available at the Reception desk at the Band Office.

## Chief and Council Meeting

The next Chief and Council meeting is scheduled for **March 13, 2018**.

The deadline for submissions or requests to see Council is **March 9, 2018**.

Please submit to the Administrative Assistant, Jay Martin, Phone: (902) 897-9199 Ext. 110,

Fax: (902) 893-4785 or e-mail: [jay.m@eastlink.ca](mailto:jay.m@eastlink.ca).

April's Chief and Council meeting is April 10, 2018.

## 2018 Elections Results

**Chief** - Bob Gloade

**Councillors**- Colin Bernard, Bryan Brooks, Alex Cope, Adrian Gloade, Barry Gloade, Peter Gloade, Gord Johnson, Ward Markie, Stephen Marshall, Barry Martin Sr., Chris Nasson, & Michael Stephens.

## Chief and Council Meetings

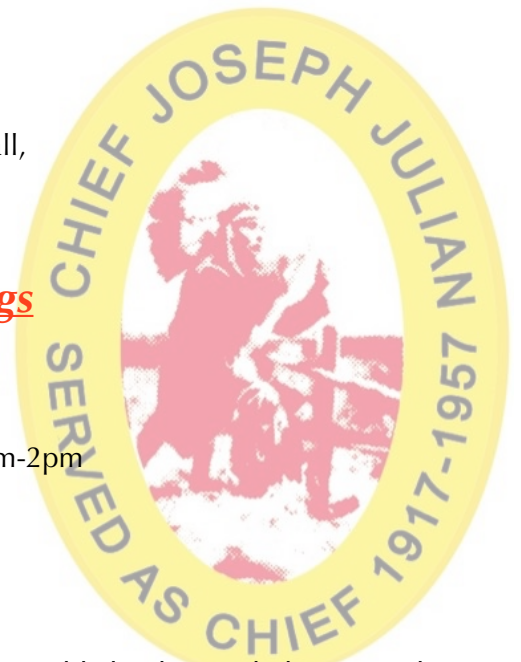
### March 2018

- **March 13** - Swearing in ceremony & Council Meeting
- **March 15** - Millbrook Economic Development Committee meeting 10am-2pm

### Community Meeting Dates:

- **Tuesday, April 17** (6-8pm)

Contact the Community Engagement Officer, Gerald Gloade by e-mail: [gerald.gloade@eastlink.ca](mailto:gerald.gloade@eastlink.ca) to make suggestions for future discussion topics. We would like to have Community Members feedback. The purpose is community engagement. Focusing on information sharing and addressing community concerns on a ongoing basis. We do our own consultation and need to regularly inform community members. We are developing our own consultation process.



# Community

The Community page; this may include birthday messages, recent or historic photos, congratulations to a person or group, public events, items for sale, availability for odd jobs. To have your information posted on the newsletter and website send your information to Nigel Gloade by calling the office at (902) 897-9199 extension: 119, iMessage or e-mail: [mbcommunications@eastlink.ca](mailto:mbcommunications@eastlink.ca)

## **Newsletter Deadline**

***The Newsletter deadline is the 26th of each month.***

***February 26, 2018***

You can make a contribution to the Millbrook Community Newsletter by sending your information to:  
mbcommunications@eastlink.ca, by Fax: (902) 895-0079, or by the website contact form (link)<http://millbrookfirstnation.net/contact-us/> or submit information to the Reception desk at the Band Office.

## **Building Permits**

Before constructing on your property contact Millbrook's Bylaw Officer to obtain a building permit.

## **Mi'kmaq Flag Raising Ceremony at CCRB & CEC**

March 1, 2018 - The Mi'kmaq Grand Council Flag was raised in front of the Chignecto Central Regional School Board and Cobequid Educational Centre building.

**THE MILLBROOK EARLY  
EDUCATION CENTRE IS  
LOOKING FOR  
SUBSTITUTES  
CONTACT NIK AT  
902 897-0445**



## Statement of the Votes

*Millbrook First Nation*

*February 26, 2018*

**A copy of this statement must be sent (by fax) to the Regional Office of the Department of Aboriginal Affairs and Northern Development Canada no later than four days following the election.**

NAME OF CANDIDATE FOR CHIEF	TOTAL VOTES RECEIVED
Gloade, Robert James	<b>*474</b>
Marshall, Lisa Lou	<b>347</b>

Number of valid ballots cast for candidates for chief: **829**

Number of rejected ballots for candidates for chief: **10**

**Statement of the Votes (page 2)**

<b>NAME OF CANDIDATE FOR COUNCILLOR</b>	<b>TOTAL VOTES RECEIVED</b>
ABRAM, MARY JANE	<b>189</b>
ASPREY, KOREN CARLA	<b>117</b>
BERNARD, COLIN ALEXANDER	<b>*284</b>
BERNARD, NATASHA LOUISE	<b>268</b>
BERNARD, TAMMY EVA ANN	<b>151</b>
BROOKS, BRYAN FRANCIS	<b>*324</b>
COPE, ALEXANDER	<b>*363</b>
GLOADE, ADRIAN	<b>*287</b>
GLOADE, BARRY MICHAEL	<b>*271</b>
Gloade, Garrett John Joseph	<b>208</b>
GLOADE, GERALD DONOVAN	<b>228</b>
GLOADE, PETER JOHN	<b>*305</b>
GLOADE, VERNON	<b>222</b>
Hardgrave, Mary Theresa	<b>48</b>
Johnson, Douglas Edward	<b>140</b>
Johnson, Gordon Charles	<b>283</b>
Johnson, Lloyd Douglas	<b>268</b>
Julian, Zachary Joseph	<b>256</b>
Julien, Keith Lawrence	<b>78</b>
Knockwood, Pius Isaac	<b>157</b>
Maloney, Justine Sonya Mary	<b>119</b>
Maloney, Linda Mary Jane	<b>151</b>
Markie, Ward Lucius	<b>*276</b>
Marshall, Stephen Frederick	<b>*344</b>
Martin, Barry Morris	<b>*350</b>
Martin, Justin Paul	<b>248</b>
Nasson, Christopher Paul	<b>*304</b>
Paul, Ella Ann	<b>131</b>
Paul, John Angus	<b>64</b>
PHILLIPS, MARGARET IRENE	<b>239</b>
STEPHENS, MICHAEL PAUL	<b>*290</b>
STEVENS, HEATHER MARIE	<b>106</b>
STEVENS, JAMES JOSEPH	<b>268</b>

### Statement of the Votes (page 3)

Number of valid ballots cast for candidates for councillor: **824**

Number of rejected ballots for candidates for councillor: **15**

### *Elected Candidates*

- |   |  |
|---|--|
| (a) To the Office of Chief:                     | Name: <b><i>Gloade, Robert James</i></b>   |
| (b) To the Office of Councillor:                |  |
| Name: <b><i>BERNARD, COLIN ALEXANDER</i></b>    | Name: <b><i>BROOKS, BRYAN FRANCIS</i></b>  |
| Name: <b><i>COPE, ALEXANDER</i></b>             | Name: <b><i>GLOADE, ADRIAN</i></b>         |
| Name: <b><i>GLOADE, BARRY MICHAEL</i></b>       | Name: <b><i>GLOADE, PETER JOHN</i></b>     |
| Name: <b><i>Johnson, Gordon Charles</i></b>     | Name: <b><i>Markie, Ward Lucius</i></b>    |
| Name: <b><i>Marshall, Stephen Frederick</i></b> | Name: <b><i>Martin, Barry Morris</i></b>   |
| Name: <b><i>Nasson, Christopher Paul</i></b>    | Name: <b><i>STEPHENS, MICHAEL PAUL</i></b> |

This count was diligently conducted in accordance with the *Indian Band Election Regulations*.

  
Signature of Electoral Officer

  
Signature of Witness

March 2<sup>nd</sup> 2018

# ROBOTIC MAWI'OMI

<where>

Various locations in Nova Scotia.  
Membertou, Millbrook, Middleton & Yarmouth

<date><time>

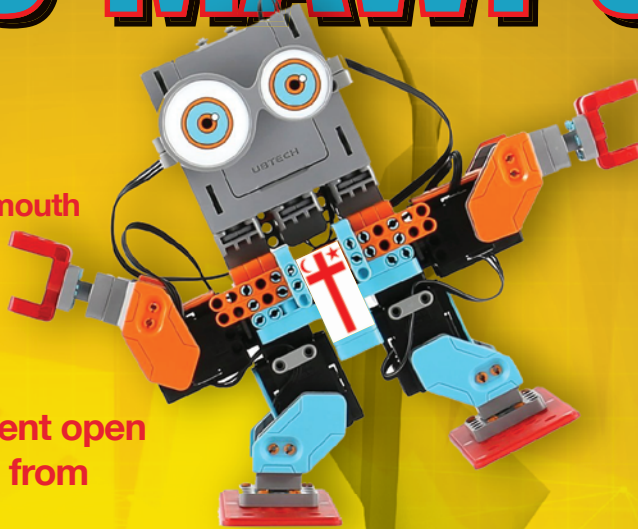
Saturday, March 24, 2018  
10:30am - 2:30pm

<who>

This Robotic Mawi'omi is a free event open to all Mi'kmaq people and children from grades P - 12.

<why>

To help bridge the digital divide.



Get empowered and discover

the world of **STEAM** (science, technology, engineering, art and mathematics) through a fun hands on free event using Dash & Dot, Jimu and EV3 Robots.

To register online please visit:

[www.digitalmikmaq.ca](http://www.digitalmikmaq.ca)

**Fun, food and prizes!** Be part of a team that makes your robot do stuff!

**Volunteers will be on site** to help assist students during the day. Friends and families are welcome.

This event is brought to you by THE ULNOOWEG DIGITAL EDUCATIONAL INITIATIVE

# Millbrook Easter Egg Hunt

For Millbrook Band Members and Community Members

Time: 1:00pm-4:00pm

Date: March 31<sup>st</sup>

Location: Millbrook  
Community Hall

Contact: Karen Pictou at [kpictou@hotmail.com](mailto:kpictou@hotmail.com)

or

902-956-2125 if you have any questions.



The Confederacy of Mainland Mi'kmaq

Bear River, Millbrook, Paqtnkek, Pictou Landing and Sipekne'katik

## Matrimonial Real Property Law

Resources are available at [www.cmmns.com](http://www.cmmns.com):

1. Mi'kmaq Matrimonial Real Property: A Guide for Bear River, Millbrook, Paqtnkek, Pictou Landing, and Sipekne'katik
2. Mi'kmaq Wills and Estates & Matrimonial Real Property
3. How to make an Exclusive Occupation Order for a Matrimonial Home
4. Emergency Protection Orders



A new video resource on MRP is now available on

YouTube: [https://youtu.be/2fneZGuMt\\_E](https://youtu.be/2fneZGuMt_E)



# Try Lacrosse

LACROSSE NOVA SCOTIA

**FREE TRY LACROSSE SESSION**  
**Gear provided. No contact. Co-Ed.**  
**New and returning players welcome.**



**WEDNESDAY, MARCH 7th**  
**MILLBROOK GYMNASIUM**  
**6:30 - 8:30 pm**

For more information, contact  
[bearcatslax@gmail.com](mailto:bearcatslax@gmail.com)



Find us on



<http://tbla.goaline.ca>



## Millbrook Early Education Centre News

### Important March Dates

**Friday, March 2<sup>nd</sup>, 2018**  
Gymnastics

**March 5<sup>th</sup> – 9<sup>th</sup>, 2018**  
Winter Carnival

**March 12<sup>th</sup> – 16<sup>th</sup>, 2018**  
March Break

**Monday, March 19<sup>th</sup>, 2018**  
Students Return

**Wednesday, March 21<sup>st</sup>, 2018**  
Supernova

**Friday, March 23<sup>rd</sup>, 2018**  
PD Day  
**Centre will be CLOSED**

**Friday, March 30<sup>th</sup>, 2018**  
Good Friday  
**Centre will be CLOSED**

**Monday, April 2<sup>nd</sup>, 2018**  
Easter Monday  
**Centre will be CLOSED**

If your child is unable to attend school,  
please contact us as early as possible.



### Contact Us

902-897-1249 / 902-897-0445

- Ext. 101 Director (Nik)
- Ext. 102 Preschool 4 (Sue/Destiney/Siobhan)
- Ext. 103 Daycare (Leslie/Genny)
- Ext. 104 Preschool 3 (Pam/Carrie)
- Ext. 106 SLP (Christina)

Director's email: [meece@eastlink.ca](mailto:meece@eastlink.ca)

# TRES Newsletter March 2018



## HAPPY ST. PATRICK'S DAY!

### Report Cards

Report cards are going home on April 5. If you could not make the first term visitation with the classroom teacher, please make it a priority to meet the teacher and discuss your child/ren progress.

### Upcoming Hockey Tournaments

It is important for you to please call the school if your child is participating in the upcoming Hockey tournaments. Please include your phone number in the message in case of an emergency or in case the teacher just needs to chat.

### Outside Gym Classes

Gym classes will be held outside if weather permits. Children need proper winter clothing. Snow pants, warm boots, hats and mittens are a MUST. Children who cannot participate still must go with the class so please always send warm winter clothing.



### TRES Homework

Homework every night does include reading for 10, 15 or 20 minutes. If your child says they have no homework, ask them to please check again, there is homework every night.

## Important Dates

### March 7

PTG Meeting – 6:30pm.

### March 12

March 12 - 18 – March Break  
No School

### March 30

Good Friday - No School

### April 2

Easter Monday – No School

### April 3

Report Cards

## Happy March Birthday

Tiara Kellock

Matle'n Martin

Lila Muise

Haley Syliboy!



## Primary Registration 2018-19

Primary registration was held in December. We are, however, still accepting names of children who will be 5 on or before December 31, 2018. If you know of any children who have not yet registered for school, please encourage their parents to get in touch with the school so we can include them in our database for next year and pass their names on to Public Health.

## Tips to BOOST Language – Try a few with your children.

Make your own book. Cut out pictures from a toy catalogue with you child and help him/her tell a story.

Use words to describe feelings throughout the day (e.g., happy, sad, excited, angry).

When you are going outside talk about what you need to wear and why.

Play hide & seek. Talk about where you and/or your child were hiding.

# Words, words, words



## Reminder – Attendance Matters

Please call the school if you child will be late or absent from school. The number at the school is 902 896-5755. Also, a reminder to parents that classes begin at 8:00 am. every day! Arrival after that time means that classes are being interrupted and activities are being delayed. Please respect the morning bell and make sure you child is present on time. There is now an Attendance Support Worker for the CCRSB school board. She will work closely with school staff to identify student who are missing a great deal of time, either through absences or late arrivals.

## School-age Children and Pre-Teens

School age children need 10 – 11 hours of sleep a night. Bedtime problems can start at this age for a variety of reasons. Homework, sports and after-school activities, computers, TV's, mobile devices and hectic family schedules can all contribute to children not getting the sleep their bodies need. Sleep deprived children can become hyper irritable and may **have a hard time paying attention in school.** It's still important to have a consistent bedtime, especially on school nights. Remember to leave enough "technology free time" before bed to allow your child to unwind before lights out. A good rule of thumb is switching off electronics at least an hour before bedtime and keeping TV's, computers and mobile devices out of children and pre-teen bedrooms.

## Sniffles & Sneezes

Sniffles, sneezes, coughs and wheezes – it is the season for all sorts of illnesses. Please help in minimizing the number of children and staff ill in the TRES community by keeping your child home when they are not feeling well. We know how hard it is to find childcare for children on short notice, but when children come to school feeling sick, they do not learn well and pass along their germs to others. The general rule is to have your child stay home for 24 hours after having a fever and 48 hours after the last occurrence of vomiting. All recess and lunch breaks, all children are expected to go outside unless the weather is inclement. We are not able to have children in the building unsupervised during these break periods. If children are well enough to come to school, they will be outside with their peers at recess and lunch. Thank you so much for helping us keep everyone as healthy as possible during the winter months. .



### Millbrook Staff at TRES

Jen Gloade 902-986-4224

Shelley Gloade 902-899-2415

Lisa Wilmot 902-986-5010

Juliana Paul 902-890-0461

# TJHS Newsletter March 2018

Next Attendance Incentive will be issued on Wednesday, March 7<sup>th</sup>.



## From the Desk of Amanda Dugas

We are nearing the end of Term 2, if students need extra help, or are behind on any assignments, please come and see me so that we may make a plan with your teachers. Homework Club is always available!

If you're not sure on the status of your assignments you can always check PowerSchool at <http://ccrsb.ca/powerschool-student> If you don't know your login, stop in the office and see Mrs. Harris. Parents, did you know that you also have a PowerSchool login? You use the same web address, but your login details are different than your child's. If you're not sure how to login, or forgot your username/password, please call the school at (902) 896-5550, extension 143 and speak to Mrs. Harris.

Congratulations to **Jenae Bernard, Jorja Martin, Tehya Milliea, Onnah McKeane and Sipu Julien** who are members of the TJHS Girls Hockey Team. They placed second in the NSAAF Junior High/Middle School Regionals, held the last week in February.

Check out the school website at <http://tjh.ccrsb.ca>. Any important notices and updates, the school calendar, menu and homework can be found there! If you need to contact me, I can be reached by phone at (902) 896-5550 ext. 232 or by email at [dugasaa@ccrsb.ca](mailto:dugasaa@ccrsb.ca).

Amanda Dugas

## Important Dates

### March 12

March Break – March 12-18

### March 30

No School – Good Friday

### April 2

No School – Easter Monday

### April 4

Report Cards

## Happy March Birthday

Mattea Bernard

Xavier Bernard

Silipai Gloade

Tyler Johnson

Brooklyn Smith

Lesha Tabor

Craig Tabor Jr.

Austin Walsh!

