

Millbrook Community NEWSLETTER

JUNE 2019



Rally Against Racism at the Truro Civic Square

Important Dates

- 👉 **June 4** - Ni'Akinde Consortium GP at 10am
- 👉 **June 4** - Economic Development 1pm
- 👉 **June 5** - Policy Review Meeting 1pm
- 👉 **June 7** - Canada Lands Meeting at 1pm
- 👉 **June 11** - Chief and Council 10am
- 👉 **June 14** - CMM AGA Legends At 9:30am
- 👉 **June 17** - Chief and Council Consultation Meeting at 1pm
- 👉 **June 19** - Projects Meeting at 1:30pm
- 👉 **June 21** - National Indigenous People's Day
- 👉 **June 21-25** - St Anne de Beaupre
- 👉 **June 26** - ISC Meeting on Shannon Park at 10am

 **MILLBROOK
FIRST NATION**
TELEPHONE: (902) 897-9199
TOLL FREE: 1-(800)-693-3112
MILLBROOK BAND ADMINISTRATION
P.O. BOX 634
TRURO, N.S. B2N 5E5

Millbrook Band Office

Mailing Address

Millbrook Band
Administration
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday - Thursday
9:00am-12pm 1:00pm-4:30pm
Friday
9:00am-12pm 1:00pm-4pm

Phone Numbers

Band Office
1 (902) 897-9199
Toll Free
1 (800) 693-3112

New Website & URL address

Millbrook's website can now be accessed at www.millbrookband.com.

Social Assistance

Social Assistance Cheques are tentatively scheduled for: **June 6 & 20, 2019.**

Applications are available at the Reception desk at the Band Office.

Chief and Council Meeting

The next Chief and Council meeting is scheduled for **June 11, 2019.**

The deadline for submissions or requests to see Council is **June 7, 2019.**

Please submit to the Administrative Assistant, Jay Martin, Phone: (902) 897-9199 Ext. 110,
Fax: (902) 893-4785 or e-mail: jay.m@eastlink.ca.

July's Chief and Council meeting is **July 9, 2019.**

Chief and Council Meetings

June 2019

- 🦋 **June 4** - Ni'Akinde Consortium GP at 10am
- 🦋 **June 4** - Economic Development 1pm
- 🦋 **June 5** - Policy Review Meeting 1pm
- 🦋 **June 7** - Canada Lands Meeting at 1pm
- 🦋 **June 11** - Chief and Council 10am
- 🦋 **June 14** - CMM AGA Legends At 9:30am
- 🦋 **June 17** - Chief and Council Consultation Meeting at 1pm
- 🦋 **June 19** - Projects Meeting at 1:30pm
- 🦋 **June 21** - National Indigenous People's Day
- 🦋 **June 21-25** - St Anne de Beaupre
- 🦋 **June 26** - ISC Meeting on Shannon Park at 10am



Newsletter Deadline

The Newsletter deadline is the 26th of each month.

Wednesday, June 26, 2019

You can make a contribution to the Millbrook Community Newsletter by sending your information to: mbcommunications@eastlink.ca, or by the website contact form (link)<http://millbrookfirstnation.net/contact-us/> or submit information to the Reception desk at the Band Office.

Community

The Community page; this may include birthday messages, recent or historic photos, congratulations to a person or group, public events, items for sale, availability for odd jobs. To have your information posted on the newsletter and website send your information to Nigel Gloade by calling the office at (902) 897-9199 extension: 119, iMessage or e-mail: mbcommunciations@eastlink.ca

Building Permits

Before constructing on your property contact Millbrook's Bylaw Officer to obtain a building permit.

Notice to Band Members for Reimbursements Health Centre

When submitting invoices for reimbursements please leave the debit receipt on the invoice.

Copies of the debit receipt are not acceptable only invoices with the original debit receipt will be reimbursed.

Tobacco Store

The last duly convened Chief and Council held on January 14, 2019 it was decided to **increase individual quotas to 10 cartons a month starting immediately.** Band Members can now purchase 5 cartons at a time, twice a month and unlimited loose tobacco.

Pow Wow Security

Millbrook pow wow (Aug 9-11) is looking for reliable day time and night time security personnel, must be 19+ and previous security experience or training is preferred, please contact Luke Markie at (902)986-1188.

Congratulations

We would like to congratulate Jenna Marie Road on Graduating from NSCC Practical Nursing Program. We are very proud of your hard work and determination to achieve your goal. You will make a wonderful nurse. We love you. Nanny and Poppy Starzynski.

Prescription Refills

Please be advised that effective immediately, anyone needing a medication refill has to make a doctor's appointment. Refills can no longer be done over the phone by either nurse. Please note the number of refills you have left as well as the expiry date of the prescription so you can make an appointment in advance. It is your responsibility to obtain your own medication refills. Please plan ahead. Although we don't have a permanent doctor at this time, we do have a doctor here several times each week. Appointments do fill up quickly so don't leave it until the last minute or you may end up going without your medication.

Missed Appointments

If you are unable to make your appointment at the health centre, please call ahead to let us know so that we can book someone else in your place. Missed appointments without notice contribute to a long waiting list for everyone.

Millbrook 3D shooters

Annual Shoot

Millbrook Community Hall
Sunday June 23, 2019
72 Church Rd

8:00 - 8:45am Registration

Shooting Starts 9:00 am

Registration \$20

\$5 bucks for lunch

Come get your shoot on



Vernon





Millbrook Early Education Centre News

Important Dates

Wednesday, June 5
Age 3 screening at Millbrook
Community Hall

Friday, June 7
Library Visit 10-11am

Monday, June 17
End of Year Preschool Trip

Wednesday, June 19
Last Day of Classes-Preschool



Reoccurring Weekly Events

Mi'kmaq Language for
Primary and Grade 1 is done at the end
of May

Friday Mornings
Swimming for preschool
runs until June 14th

Fridays Outdoor Adventures
For All Classes

**If your child is unable to attend school,
please contact their head teacher.**

You're Invited to our Pre-School 4 Graduation!!



When: Thursday, June 20 at 10:00am
Where: Millbrook Community Hall
Who: Immediate families of our graduates.

*Children are to be dropped off at MEEC no later than
9:30 and will be walking up to the hall.*

Contact Us

902-897-1249 / 902-897-0445

- Ext. 101 Director (Nik)
- Ext. 102 Preschool 4 (Sue/Destiney)
- Ext. 103 Daycare (Leslie/Genny/Cynthia)
- Ext. 104 Preschool 3-A (Pam/Jessica)
- Ext. 106 SLP (Christina)

Director's email: meece@eastlink.ca



Youth Centre

Millbrook's Youth Centre had its grand reopening in May. Youth were thrilled to see the new look, with more open space, a projector, new furniture, and a modern kitchen. Members of the Grand Council stopped in to check out the updated Youth Centre.



The Health Centre's Mental Health Wing is under construction, soundproofing every room is completed, and Dr. Ferguson has retired. We do not have a full-time doctor hired yet, and we do have a Doctor here (Dr. Blois) several times each week. The Health Fair was packed full, with over 30 health service providers, and lunch was available for participants. People were able to get their blood pressure and blood sugar levels checked by the Community Nurse.





Pow Wow Grounds

Millbrook's Pow Wow grounds are being updated for our upcoming 20th Annual Pow Wow happening on August 9-11, 2019. Millbrook's Band member Phillip MacLeod is part of Higgins construction crew assembling the Arbour, that is near completion. Please contact Millbrook's Pow Wow coordinator Micheal Stevens regarding the upcoming Pow Wow; more information about the Pow Wow and the Arbour will be in the July newsletter.

Rally Against Racism at the Truro Civic Square



TRES Newsletter JUNE 2019



Summer is Almost Here

We are approaching the final month of school. June is a busy month at school and home.

Please check folders and backpacks for important notices regarding trips, special events and our field days.

Arriving on Time

We still have an expectation of children being on time and ready to work. Thanks for your cooperation with staying on routine. If your child/ren are going to be late or absent please call the school at 902-896-5755 or Juliana, Jen, Shelley or Lisa.

Regular Bedtime

Summer is almost here! That means the days are getting longer, nights shorter. The importance of a scheduled bedtime sets up our students for greater success.

Millbrook Education News on Facebook

We have a Facebook page for PARENTS and students. This is where we post notifications regarding the buses etc. We also post important school information. It is a site for sharing information, not for bickering or arguing. **If you are a parent** and you are not on the site please ask to join. Reminder that this site is for Parents and students only.

Important Dates

June 19

Field Day for Grades Primary, 1 & 2

June 20

Field Day for Grades 3, 4 & 5

June 26

Last Day for Classes

June 27

Marking Day – No School

June 28

REPORT CARD DAY –
DISMISSAL AT 10:30AM.



Kaylie Baird

Damien Barnaby

Xander Bernard

Landon Brooks

Ben Cope

Jon Prosper

Raine Stephens!

*****Reminders*****

It's time to check the Lost and Found items before summer break!

Please label clearly your Child/ren's name on clothing (jacket, boots, shoes, water bottle (water only please) lunch box.

In our school we have many allergies to food and scents. Please be mindful what you are packing for snack and hair products used.

If you child is sick or going to be absent for any reason please call the school.

The Lost and Found is really piling up at school. If you are missing items have your child tak a look by the gym or feel free to come in and take a look for yourself. Clothes are donated at the end of each month if not claimed.

If you have any questions regarding end of year activities please call

Jen Gloade – 902-986-4224

Shelley Gloade – 902-899-2415

Lisa Wilmot- 902-986-5010

Juliana Paul – 902-890-0461



**HAVE A SAFE & HAPPY
SUMMER BREAK!**

TJHS Newsletter JUNE 2019

Attendance Incentives will be issued on **FRIDAY, JUNE 21ST**.



Electronic Devices

Students and parents are reminded that TJHS is not responsible for lost or misplaced electronic devices and accessories. These items are very valuable and should be kept in a safe place or at home.

Backpacks

Backpacks are not allowed in the classrooms, and should be left in lockers at the beginning of the day. Students are allowed to have a small drawstring bag to carry their personal belongings between classes. Students must prepare for the day in the morning, at break and at lunch, as they are not permitted to visit their lockers between classes.

From the Desk of Amanda Dugas

Can you believe that June is here? The school year is near completion, and this month will wrap up our school year, and is scheduled to be very busy. Upcoming events include the incoming Grade 5 tour, Grade 9 exams, Grade 9 Grad Dance and the grade 6/7 Field Day. Please see the school website at tjh.ccrce.ca and click on the events calendar for further details.

Mr. Hayden is looking for volunteers to assist with the grade 6/7 Field Day in Victoria Park on June 25. If you are able to assist

Important Dates

June 17

Grade 9 Triple A Awards / Grad Ceremony 1:30pm to 3:00pm
(Parents are welcome)

June 19

Grade 9 ENGLISH EXAM

June 20

Grade 9 MATH EXAM

June 21

Grade 9 SCIENCE EXAM

June 22

Ulnooweg Summer Solstice Run

June 24

EXAM MAKE UP DAY &

Grad Dance 6:30 – 9:30 Parents are welcome to take pictures

June 27

NO SCHOOL – Assessment Day

June 28

REPORT CARD– 10:30 DISMISSAL

HAPPY BIRTHDAY

Reese Brooks
Corey Dennis
Jorja Martin
Alyssa Saulnier!

that day, please contact Mr. Hayden by email at haydenb@ccrce.ca

We had a number of Lunch and Learns in May, which Ms. Martin has highlighted in her newsletter report. I would like to share a resource from Mr. Mullings' May 7th presentation on Healthy Relationships. He shared some videos from the website <https://amaze.org/> that has age appropriate information on sex, your body and relationships. It is an excellent tool for use at home, while having those difficult, but necessary, conversations.

Congratulations to Victor Brooks, Ashton Comeau, Aiden Gloade, and Silipai Gloade for being accepted to attend the Awtiget Camp 2019. They attended the camp at Dal AC on the weekend of May 24th-May 26th. The boys attended classes, stayed in residence and experienced extra-curricular activities, which gave them a taste of university life.

On Thursday, May 30th, students participated in the Rally Against Racism. The entire school travelled to the Town Square in front of the library and celebrated our diversity. See photos and videos at www.ccrce.ca

The month of May has been busy with the Grade 7 students having their 2nd round of immunizations, the Grade 8 students completed their provincial assessments and many of our Grade 9 students had a fabulous cultural trip to Quebec! Many thanks to our Education Director, Chief & Council and those who supported fundraising efforts for the Grade 9 Cultural Trip.

Please Note: The Student-Parent Portal PowerSchool accounts will be disabled over the summer months. The portal will be unavailable to students and parents from July 1, 2019 to August 30, 2019 @ 4:00 p.m.

If you need to contact me, I can be reached by phone at (902) 896-5550 ext. 2321 or by email at dugasaa@ccrce.ca

Have a great summer! See you in September!



From the Desk of Luisa Martin

Kwe' Me' tal-welo'tliq?

Woohoo! We did it! We breezed through the school year so fast, that I can't believe it's almost summer break. But, before we begin to enjoy the great weather, let me catch you up on what happened in May.

We had a few interesting and enjoyable Lunch and Learns that I'd like to highlight, and I'd like to thank all of our wonderful presenters that each brought their own unique flair to the lunch and learn.

TJHS's Guidance Counselor, Mr. Mullings provided an informative and relatable topic called "Let's talk about healthy relationships". This presentation was eye opening and helped youth distinguish between unhealthy and healthy relationships.

Millbrook's Health Centre Staff, Colin Bernard, Sunshine Bernard, Corrina Milliea, and Courtney Patriquin all provided lunch, and they also all led a fascinating topic about Girl's physical activity and leadership. Our presenters are all strong role models and inspire our youth.

Ulnoweeg Development's Chief Operating Officer, Christopher Googoo provided lunch, as well as captivated the audience with his presentation on the upcoming Summer Solstice Run. The run is set for June 22nd. We hope this sparks our youth's interest in either volunteering or participating to promote good health, fitness and community involvement.

We also, had a few tours that centered around our learning spaces. The tours involved collaboration, strategic planning and smooth transitioning.

We hosted a tour of the First Nations Room for Hants East Rural High School's Student Support Workers: Shawn Maloney and Tammy Maloney, Alongside CCRCE's Coordinator of Mi'kmaw Education Services, Melody Martin-Googoo and CCRCE's Facilitator of Mi'kmaw Services, Patsy Paul-Martin. Shawn and Tammy both want to create a Treaty Education space and this allowed them a visual representation in their future space at Hants East Rural High School.

Student Achievement Worker Juliana Paul and African Nova Scotian Student Support Worker Trevor Jordan both coordinated a TRES Grade 5 tour of the TJHS building. Grade 6 leadership students: Skyler Cope, Felicia Paul, Meika Martin, and Dru Paul-Martin, and Grade 9 role models Gwendolyn Johnson and River Pictou all were excellent tour guides. This was a great transitional opportunity for the Grade 5's to see the Grade 6 neighborhood before they arrive next year.

The TJHS Guidance Counselor, Mr. Mullings, Behavior Support Mrs. Jean, Millbrook First Nations Support Worker Mr. Wilson all collaborated with CEC's African Nova Scotian Student Support Worker Delcina Dixon and First Nations Resource Teacher Bryant Vance to help our grade nine students transition into the CEC building to help ease the anxiety of students headed there in September.

Rally Against Racism was an outstanding event and the atmosphere was full of pride, diversity and unified all people together.

I want to extend my gratitude and appreciation to Millbrook's Educational Director, Debbie Gloade. Thanks for giving me this opportunity to grow professionally, as well as guide our wonderful youth.

Nemultoqsiq!



From the Desk of Tom Wilson

GRADE 9 EXAMS are going to be written 9:30-11:30 in the GYM on the MORNINGS from Wed. June 19th to Fri. June 21st.

At 9:10 students will get their supplies, use the washroom and then report directly to the Gym. Most students may want to take the option of getting a parent or guardian to excuse them in the afternoon so they can go home and study for their exams.

Students may bring in one note to excuse them from all afternoon classes.

Parents can also call Kenda (902-896-5550) the school secretary and excuse a student from one or all afternoon classes.

If this is not possible, no worries, students can stay at school and attend their regularly scheduled classes. Curriculum related classes will still happen, but no new curriculum will be covered.

Enjoy the Sun,

Thomas Wilson ☺

CEC Newsletter JUNE 2019

Lunch Allowances will be issued on FRIDAY, JUNE 7TH.

Attendance Incentives will be issued on FRIDAY, JUNE 21ST.



Bryant Vance
902-896-5700 (Main Office)
Email: vancebw@ccrsb.ca
Office Hours: 8:20 am - 3:20pm
Homework Club: Tuesday, Wednesday,
Thursday 3 PM – 4 PM

"You know you are on the right track when you become uninterested in looking back." -Anonymous

Well we are at the end of the year. Students should be finalizing project and beginning to prepare for exams. Just a little reminder, attendance still counts towards exam exemptions (even during in-class exam week). Formal exams begin on June 19th and the exam schedule will be released in early June. Furthermore, don't forget that homework club is available for students Tues-Thursday from 3-4 PM, this is a great place to prepare for exams. All the best to students during exam week.

Graduation occurs on June 27th and the ceremony begins at 7:30PM at the REC. Graduates must be at the REC no later than 6:30PM. Each graduate is given 4 tickets- extra seats are on a first come basis. A reception will be held immediately after the ceremony. Safe Grad occurs at the REC from 11 PM until 5 AM. There will be no admittance into Safe Grade after 12 AM. For more protocols and updates about Graduation and Safe Grad please see the CEC website

www.cec.ccrce.ca

The last day of classes is June 28th, there will be an assembly for academic achievement and then students will be dismissed.

Important Dates

June 5

Athletic Awards @ 6:30pm

June 13

June 12-18 In Class Exams

June 19

June 19-25 Formal Exams

June 25

Prom

June 27

Graduation

June 28

Report Cards dismissal at 10:30 am.

Happy Birthday

Isaac Carter

Sierra Pictou

Cole Bernard!!



CEC Newsletter JUNE 2019

Lunch Allowances will be issued on FRIDAY, JUNE 7TH.

Attendance Incentives will be issued on FRIDAY, JUNE 21ST.



Bryant Vance
 902-896-5700 (Main Office)
 Email: vancebw@ccrsb.ca
 Office Hours: 8:20 am - 3:20pm
 Homework Club: Tuesday, Wednesday,
 Thursday 3 PM – 4 PM

"You know you are on the right track when you become uninterested in looking back." -Anonymous

Well we are at the end of the year. Students should be finalizing project and beginning to prepare for exams. Just a little reminder, attendance still counts towards exam exemptions (even during in-class exam week). Formal exams begin on June 19th and the exam schedule will be released in early June. Furthermore, don't forget that homework club is available for students Tues-Thursday from 3-4 PM, this is a great place to prepare for exams. All the best to students during exam week.

Graduation occurs on June 27th and the ceremony begins at 7:30PM at the REC. Graduates must be at the REC no later than 6:30PM. Each graduate is given 4 tickets- extra seats are on a first come basis. A reception will be held immediately after the ceremony. Safe Grad occurs at the REC from 11 PM until 5 AM. There will be no admittance into Safe Grade after 12 AM. For more protocols and updates about Graduation and Safe Grad please see the CEC website

www.cec.ccrce.ca

The last day of classes is June 28th, there will be an assembly for academic achievement and then students will be dismissed.

Important Dates

June 5

Athletic Awards @ 6:30pm

June 13

June 12-18 In Class Exams

June 19

June 19-25 Formal Exams

June 25

Prom

June 27

Graduation

June 28

Report Cards dismissal at 10:30 am.

Happy Birthday

Isaac Carter

Sierra Pictou

Cole Bernard!!



2019 MILLBROOK STUDENT SUMMER EMPLOYMENT PROGRAM

APPLICATION FORMS WILL BE AVAILABLE ON **Monday, June 3rd**.

The following rules and regulations will be strictly adhered to.

The purpose of the Millbrook Summer Employment Program is for students to gain work experience and skill development in various areas of employment.

Due to the large number of eligible students and fiscal accountability, not all students who apply and are interviewed will be hired.

This is the only Summer Employment Program that will be funded by Millbrook Chief and Council. Eligible students will be Millbrook Band Members who live on the Millbrook Reserves, that are in Grade 10 or above, are over 15 years of age and under 30 years of age, who attended school **for the entire school year without being absent for more than 20 school days,** and can provide written, confirmed plans to return to school FULL TIME, are eligible to apply. Students who are currently suspended or have been suspended over the school year, or have **missed more than 20 school days, are NOT eligible to apply.** There will be no exceptions to these rules.

Post secondary students are eligible only if they have had **no more than 1 year's disruption** in their education and have never held a full time job. Attendance, work ethics while at school and your performance at last year's summer placement will all be factors that are highly considered during the placement process.

Please make sure the **EMAIL** you provide on your application is one you can be reached at. Students will be notified by **EMAIL** of interview times; if you miss your interview another one will not be granted.

All applicants **MUST** have a Social Insurance Number in order to apply for summer employment. **NO EXCEPTIONS** can be made.

Summer jobs, including those for university students will be for the seven week period starting on Tuesday, July 2nd and ending in Friday, August 16th.
(RECREATION, SPORT AND TINY TOTS CAMPS WILL HAVE TRAINING AND PREP THE WEEK OF JULY 2nd to 5th)

Closing Date is be THURSDAY, JUNE 20th, completed application forms must be returned to the Band Office by 4:00pm, NO EXCEPTIONS.

INTERVIEWS WILL TAKE PLACE ON WEDNESDAY, JUNE 26.

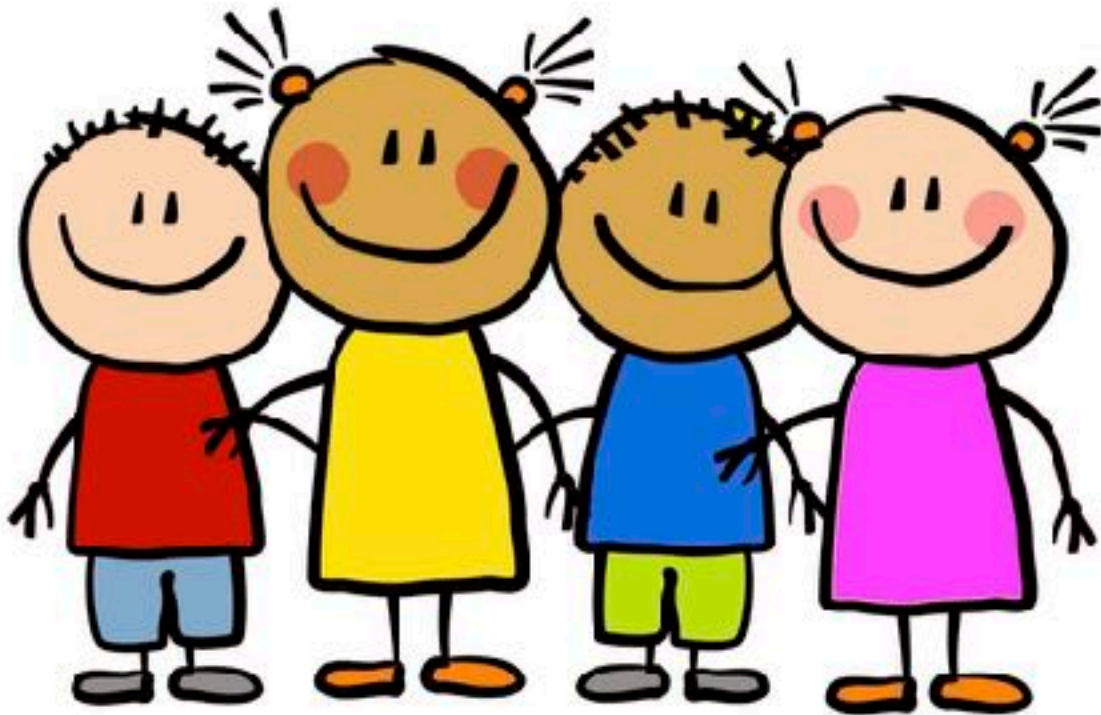
Jobs this year include but not limited to: Maintenance (2), Carpentry (2-4), Recreation Camp (8), Tiny Tots Camp (3), Sports Camp (3), (POSITIONS ARE SUBJECT TO CHANGE, an updated list will be available when possible.)

Age 3 Screening

Wednesday, June 5, 2019 from 11am-2pm

At the Millbrook Community Hall

Door Prizes to be won and lunch will be served at 12pm.



Services being provided:

- | | |
|------------------------------|--------------------------------|
| Early Intervention | Nutritionist/Diabetes Outreach |
| Hearing and Speech Screening | Jordan's Principle |
| Nurse | Vision Screening |
| Colchester Library | MEEC Faculty |

All Participants **MUST** pre-register:

Contact Nik Phillips 902.957.2517 or MEEC@eastlink.ca

Interview Skills Workshop

- Are you a full time student?
- Are you in Grade 10 or over?
- Are you a Millbrook Band Member?
- Are you planning on attending school in the fall?
- Are you looking for a summer job? (Other conditions apply)

SATURDAY, JUNE 15TH

DOWNSTAIRS AT THE COMMUNITY HALL

9:00—4:00 pm.

Students are encouraged to sign up for this free workshop. It will help you learn the skills needed to have a successful interview!

Learn how to plan for any interview:

1. Dressing for Success
2. Job Interviews

THIS TRAINING IS MANDATORY FOR GRADE 10 STUDENTS.

Open to all Millbrook students who are eligible for summer jobs.

THERE ARE A LIMITED NUMBER OF JOBS THIS YEAR!

**CONTACT DEBBIE GLOADE AT THE
BAND OFFICE TO REGISTER 897-9199 EXT. 117**

Stroller Rollers

Starting June 7th

Schedule:

- June 7th - Cobequid Trail
- June 14th - Victoria Park
- June 28th - John B Trail + Lunch

To Register Contact Sunshine
Bernard at (902) 895-9468





ABORIGINAL DIABETES INITIATIVE

Nutrition Bingo

**THURSDAY
JUNE 13TH, 2019
11:30AM - 1PM
AT
SENIOR CENTRE**



**Please Pre-Register with Sunshine
Bernard at 902-895-9468**

Millbrook Youth Centre

#Adulthood

Featuring: Justine Maloney, Nik & Sem,
Carley Gloade, and Meaghan
Fullerton

Come learn #Adulthood skills at the Millbrook Youth Centre! Sessions include: Banking, Budgeting, Cooking, Nutrition, Unpacking Intergenerational Trauma, Employability Skills, Mental Health/Coping Mechanisms, and more.

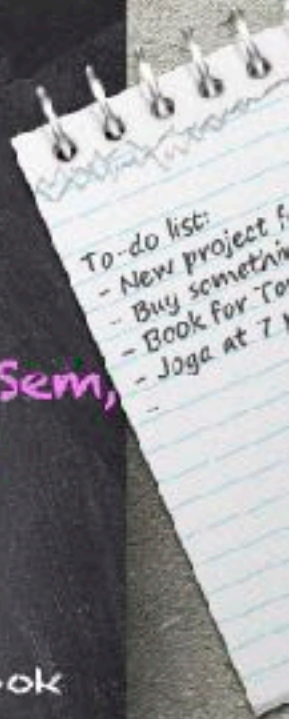


Beginning Thursday May 30th at 6pm

Ages: 12-17

Refreshments provided!

 **MILLBROOK
FIRST NATION**



To-do list:
- New project f
- Buy somethin
- Book for To
- Yoga at 7 1



COMMUNITY NOTICE

May 23, 2019

2019 Cape Breton Moose Survey

Together, the Assembly of Nova Scotia Mi'kmaq Chiefs, NS Department of Lands and Forestry, and Parks Canada have conducted a moose survey in Cape Breton covering an area from Hunter's Mountain to Meat Cove, with a small sample done around Lake Ainslie.

In the early 2000s, the moose population rose to hyper-abundant levels which led to damaged forest habitat. In 2014, Parks Canada embarked on a five-year project to study the impacts of moose on forest growth. The past winter, the count found around 1300 moose (plus or minus 26%). This number is down from the number found in the 2004 survey. Reports show that hunters are taking mostly young animals, leaving good breeding stock and that calves and high rates of twins are showing healthy habitat. In many ways, the numbers are getting down to where they should be for the habitat.

We now need to keep the population at sustainable levels. We have discussed the following steps with the Province to ensure that happens:

Moose Licenses: The Mi'kmaq harvest is, of course, unchanged. The number of moose licenses issued by the Province for non-Native hunters will remain the same for this season, but if numbers continue to drop, licenses will be cut back. If future license cutbacks are required, the *Sparrow* test will be honoured (licenses to be the first cuts and any Mi'kmaq restrictions on food harvest will be a last resort).

Create Accurate Count of Mi'kmaq Harvest: Since there may be restrictive measures in the future if numbers continue to drop – it is critical we have an accurate count of animals harvested by Mi'kmaq. We know the number taken by licensed hunters, and we know that poaching is an increasing problem. However, without Mi'kmaq numbers, we cannot assess the impact of poaching.

Conservation Check Points at Hunter's Mountain and Wreck Cove: Mi'kmaq harvesters have been requesting checkpoints and Lands & Forestry and Enforcement have agreed to this. While they may have to be voluntary at this point, we encourage all harvesters to stop at them. These checkpoints will help us to identify the types of harvesters and collect data on harvested animals. These checkpoints would be co-managed jointly operated by both the Mi'kmaq and the Province.

Bear Licenses: Lands & Forestry and Enforcement have agreed with Mi'kmaq concerns that the regulations around bear hunting licences in the Highlands are too open and are leading to abuse by unauthorized hunters. We will be working with the Province to put an end to this loophole.

Mi'kmaq to Stop Enabling Non-Native Hunters: If we are going to restrict non-Native use of bear licenses, etc. to get around proper licenses, we must make a firm effort to end Mi'kmaq taking non-Natives out and claiming their moose. This is a growing area of abuse and includes unfortunate stories of Mi'kmaq men and women being used and abused. Regarding non-Native spouses, Mi'kmaq women in some communities have started organizing Women Harvester outings so they can help each other without non-Native support. These are encouraged.

New Count in Winter 2019/2020: Instead of waiting years for a new count, there will be another count this upcoming winter. We are also recommending a habitat analysis for Zone 5 (north of the Park).

The Assembly would like to thank Unama'ki Institute of Natural Resources and the Mi'kmaq Conservation Group for assisting with this work on their behalf. We will continue to keep our community members updated and hope that you will help us to ensure that the moose population stays healthy for years to come.

For additional information, please contact:

Crystal Dorey, Communication Officer
Kwilmu'kw Maw-klusuaqn Negotiation Office
crystaldorey@mikmaqrights.com Ph: 902-843-3880

**JUNE 18 AT 6PM
MILLBROOK COMMUNITY HALL**

**Topic:
How to Deal with
Grief & Loss**

**With Serena Lewis, MSW, RSW
Bereavement, Grief & Wellness Coordinator**

**DOOR PRIZES & REFRESHMENTS TO BE SERVED
FOR MORE INFO, PLEASE CONTACT PETER GLOADE AT
902-897-1234**

ANNOUNCEMENT
Atlantic Indigenous Games
Halifax, NS July 11-14, 2019



The four Atlantic Provincial/Territorial Indigenous Sport Bodies representing New Brunswick, Newfoundland & Labrador, Nova Scotia, and Prince Edward Island are implementing some of the Recommendations of the Truth and Reconciliation Report in relation to the development of Indigenous athletes. The Atlantic Indigenous Games will bring together Indigenous youth aged 18 and under for the purposes of cultural enrichment and physical training which will be achieved through educational sessions, meaningful competition, and cultural celebrations.

The Atlantic Indigenous Games will take place from July 11th-14th, 2019 at Saint Mary's University and Citadel High School. Approximately 300 Indigenous athletes from all four Atlantic provinces are anticipated to partake in the inaugural Atlantic Indigenous Games and experience the positive benefits of sport and community in a comfortable, yet challenging, environment.

Through activities, such as, but not limited to, physical testing, athlete education, competition, and cultural celebrations the Atlantic Indigenous Games will provide youth the opportunity to learn more about themselves, their culture, and others.

In partnership with the Canadian Sport Centre Atlantic (CSCA), physical testing will be provided as well as athlete education sessions with topics on mental preparation, nutrition, and proper physical training. The Atlantic Indigenous Games are exactly one year away from the 2020 North American Indigenous Games (NAIG) which will also be hosted in Halifax, Nova Scotia. In collaboration with the Province of Nova Scotia, a one year out celebration will be organized that will incorporate Mi'kmaq performers and recognition of prospective NAIG athletes. This celebration will be a tremendous opportunity to expose and enrich our youth to traditional Mi'kmaq culture, while also providing well deserved recognition of the potential of our Indigenous youth in the Atlantic region.

For more information

To learn more about the Games, please contact the Atlantic Provincial/Territorial Indigenous Sport Body in your area:

Aboriginal Sports and Recreation Circle NL
Todd Winters, Executive Director
asrcnl@nl.aibn.com / 709-896-9218

PEI Aboriginal Sport Circle
Lynn Anne Hogan, Manager
lahogan@mcpei.ca / 902-766-4348

Aboriginal Sport and Recreation New Brunswick
Skye Perely, Executive Director
sky@wolastoqed.com / 506-476-7418

Mi'kmaw Kina'matnewey
Ryan Francis, Mi'kmaw Sport Coordinator
ryan@kinu.ca / 902-220-8487



HEY THERE FRIENDS,

We are seeking donations for our 1ST Merchandise Bingo to help Raise funds for the Millbrook Seniors Ste. Anne Pilgrimage Trip that is on June 21st, 2019.

The Bingo will be held June 9th, 2019 at the Millbrook Community Hall at 2:00 pm. Tickets will be going on sale soon 😊

If you would like to donate for this awesome cause, Please contact Natasha Bernard (902) 956-1246 or Sheila Pierro (902) 956-4997 to arrange pick up or it can be dropped off at the Millbrook Band Office.

Wela'lioq,

Natasha Bernard
Sheila Pierro

Community



Sacred Heart Church

Regular Sunday Mass Time is at 11:30 a.m.

For More information visit the Immaculate Conception website: www.icc-truro.org.

Prayer Group

Prayer Group meets every Monday at 7:00 pm. at the Senior's Centre in Millbrook. Agenda includes Rosary and Prayers, followed by tea, a light lunch and a social.

Come join us – everyone is welcome! The contact person for group is Jane Abram at (902) 893-7454.

“Understanding the Bible”-Weekly Scripture Study for Adults

Please join us on Thursday evenings at 7:00 pm for an evening of fellowship as we learn together the Word and grow in grace and understanding. Tea and light refreshments to follow. Located at 74 Abenaki Road. Contact: Kelly Gloade at (902) 890-8307.

Community Hall Bookings

To book the Community Hall please contact **Jay Martin at (902) 897-9199 Ext 110.**

Thank you to those who continue to keep the hall, clean, neat and tidy.

Please try to book your event early, preferably a minimum of 2 weeks in advance.

Compost, Garbage & Recyclables

CLEAR GARBAGE BAGS ARE A MUST.

That means only **one black garbage bag** (privacy bag) per week, **the rest must be in clear bags.** [Recycle items \(containers and paper\) must be in blue bags or clear bags.](#) **Cardboard boxes must be broken down!** If you do not have a compost bin please call Carla Moore at the Health Centre at 902 895-9468. There are some of the small kitchen containers available.

Garbage is picked up every week.

Compost bin dates are **Tuesday, June 4 & 18.**

[Blue Bags dates are Tuesday, June 11 & 25.](#)

All items must be at curb side by 7:00 am.



Used Battery Bin

If you have old batteries please do not throw them in the garbage, we have a battery recycle bin located in the Band Office and Health Centre. - WELA'LIN Natasha Bernard

Millbrook Youth Centre

The Youth Centre is open **Friday & Saturday nights 6-11pm**

The Millbrook Youth Centre has part time staff to supervise the youth on the weekends.

RECC Membership

The Civic Centre is not located on the reserve, Taxes are applied to the cost. The Band Member must purchase the Membership first then submit the receipts to Priscillia Martin. The Tobacco Store covers \$300 per activity(see regulations online at millbrookfirstnation.net).

Community

Sunday Night Hockey

Sunday Night Hockey at the Deuilles starts next season



Millbrook Family Skate Every Sunday Morning

Sunday morning ice times at the R.E.C.C. starts at 9-10am,
June 2, 9, 16 & 30. no ice time June 23.

Millbrook Fitness Centre

12 (noon) to 3:00 p.m. Monday, Tuesday, Wednesday, Thursday, Friday
(7:00 am to 9:00 am for Women and Seniors only) Tuesday, Wednesday and Thursday
(6:00 pm to 10:00 pm) Sunday, Monday, Tuesday, Wednesday, Thursday

Exercising a few times a week is a great way to improve your overall health.



Alanon

There is a Alanon meeting every Monday 10am, and Tuesday 8pm at the Alliance Church on Phillips Street which is off Robie Street.

Detox

It's better if the client comes to my office and we call the detox to do a booking, the detox "always has to talk to the client first" before a bed is given to them, for the client to answer questions RE : health, and medical. I Can not do the booking for the client. If for some reason client can not make it to my office I ask if they could call them which most of the time it not the same day.

Health Services:

Please call NIHB before you get eye exams/glasses, medical transportation, medications and mental health services to see if those are covered by NIHB and that you are eligible for those things. The NIHB toll-free number is 1-800-565-3294 (press 2 for client, then press 1 for vision, 2 for medical transportation, 3 for medical supplies and equipment, 4 for medications, or 5 for mental health). Before you undergo a dental procedure, make sure your dentist has called NIHB's dental pre-determination centre to find out if the procedure is covered by NIHB.

Health Centre

Mailing Address

Millbrook Health
Centre
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday - Thursday
9:00am-12pm 1:00pm-4:30pm
Friday
9:00am-12pm 1:00pm-4pm

Phone Numbers

Health Centre
1 (902) 895-9468
Toll Free
1 (844) 895-9468

Confidentiality

The health centre staff are professional individuals who want to provide the best services to community members. Please be assured that they maintain confidentiality about your personal information and your appointments.

Mental Health and Addictions Counselling

Our mental health and addictions clinicians are available at the Health Centre on Wednesday, Thursday and Friday for one-to-one counselling and also for family members affected by their loved one's mental health and addiction issues. Please call the health centre (902-895-9468) for an appointment.

Szonja Vamos, who is filling in for Meaghan Fullerton while she's on maternity leave, earned a Bachelor's Degree in Psychology from Barry University in 2008 and completed a Master's Degree in Marriage and Family Therapy from the University of Miami in 2011. She began her career in the field as a research assistant and spent 10 years working in health care settings in Miami, Florida's diverse communities. As a therapist and later an assessor, she provided individual and family therapy to at-risk children and youth, and adults with mental health and substance abuse issues, in schools, homes, detention centres, foster- and group-homes, and treatment centres. After relocating to Nova Scotia last year, she joined the Nova Scotia Health Authority in March, and is passionate about providing supportive counselling in First Nations Communities.

Meaghan Fullerton, M. Ed, CCC, RCT-C is our Mental Health Clinical Therapist. Her position is shared by Millbrook Health Centre and Sipekne'katik Health Centre. She is available for one-to-one counselling at the Millbrook health centre on Wednesdays and Fridays. Her counselling work has focused on culturally-safe mental health care for Mi'kmaq communities, and she has worked as a community-based therapist in both Pictou Landing and Paq'tnkek in the past. Meaghan's areas of work include anxiety, depression, addictions, trauma, intergenerational and colonial trauma, ADHD and other learning exceptionalities, behavioural issues, family crisis, self-harm, recent life-changes, and grief. Please call the health centre at (902) 895-9468, or text 902-899-7843 to book an appointment with Meaghan.

Janet Tomlinson – Janet has worked with Mental Health and Addictions for over 11 years. She has advanced training in Cognitive Behavioural Therapy, Eye Movement Desensitization and Reprocessing (EMDR) for PTSD and Dialectical Behavioural Therapy (DBT) for individuals with borderline personality disorder (and other mental health and addiction issues), as well as an extensive background working with individuals with addiction issues.

Michelle Sullivan M.Ed., RCT-C, CCC, is a Mental Health and Addictions Clinical Therapist with the Nova Scotia Health Authority. She is available for one-to-one mental health and addictions counselling on Thursday mornings at the Millbrook Health Centre. Michelle earned a Masters of Counselling Psychology at Memorial University in Newfoundland & Labrador, and has worked extensively with youth and families for over 25 years. She has provided clinical work and supportive counselling to clients in a variety of settings. Some these settings include: client homes, with youth at risk in group homes, an addiction treatment centre, and individually with regional health authorities in Newfoundland and currently in Nova Scotia. Michelle's areas of counselling work include: anxiety, depression, addictions, grief and loss, past trauma, self-harm, abuse issues and life transition/adjustment challenges. Please call the Millbrook Health Centre at (902) 895-9468, to book an appointment with Michelle.

Gladys Fraser, Child and Youth Clinician is a clinical therapist with the Nova Scotia Health Authority for the past 11 years. She is working at the Millbrook Health Centre 2 days a week (Monday & Tuesday), counselling children, adolescents (up to age 18) and families. Gladys previously worked with the Autism Program and Family First program at Colchester East Hants Health Centre. Gladys can help children and youth with a variety of mental health needs/concerns such as anxiety, depression, gender/sexual identity, behaviour management, parent/child conflict, bullying, and self-esteem. Anyone can self-refer by calling the Millbrook Health Centre at (902) 895-9468 or Central Intake at the Colchester Hospital 902-893-5526 (press option 2) and be sure to let them know you want services at the Millbrook Health Centre, if this is what you want. Or they can call me directly at 902-899-6095.

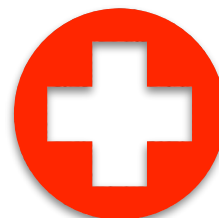
Medical Drivers

Donna Gloade

Home: (902) 895-9540 Cell: (902) 986-8842

Ella Paul

Cell: (902) 956-2679



National toll-free First Nations and Inuit Hope for Wellness Help Line

There is a National toll-free *First Nations and Inuit Hope for Wellness Help Line*. The Help Line, which started operation on October 1, provides immediate, culturally competent, telephone crisis intervention counselling support for First Nations and Inuit, 24 hours a day, seven days a week. Counsellors can also work with callers to identify follow-up services they can access. Counselling is available in English and French and, upon request, in Cree, Ojibway, and Inuktitut.

The new toll-free number for the First Nations and Inuit Hope for Wellness Help Line is 1-855-242-3310.

Millbrook Free Spirit AA

Millbrook Free Spirit AA group meets every Tuesday night at 7pm at the Millbrook Senior's Centre. Everyone is Welcome

**responsible for your own transportation.*

Eskasoni Help Line

For any youth who are having a problem such as bullying, peer pressure, or any problems and want to talk to someone there is a number to call; all calls are confidential. Eskasoni help line toll free 1-855-379-2099 or on Facebook Eskasoni Crisis Worker there will be someone there to chat to.

NA meeting

NA meeting in Truro are every Sunday, Tuesday, & Thursday nights at St Andrew Church 55 King Street at 8pm. For more information call 1 800 205 8402 or www.centralnovaarea.ca

**responsible for your own transportation.*

5 weeks Rehab Treatment

The client has to be clean and sober for at least 1 week. The client has to meet with the addiction counselor 4 times, and has to make sure all appointments are taken care of before going into treatment.

Community Addictions Worker - Peter Gloade

The Community Addictions Worker has a list of AA and NA & Alanon meetings in the local area or call (902) 895- 5535 for more information on local groups. Also www.area82aa.org has information.

If anyone has any suggestion regarding workshops or presentation what they would like to see regarding addictions. Please contact me at (902) 890-1671 or message me on facebook. I am open to all suggestions, Peter Gloade.

Nova Scotia Legal Aid - confidential online forum

Nova Scotia Legal Aid provides a confidential online forum on Tuesdays from 2 p.m. to 5 p.m. for people to ask a lawyer family law questions. The website is www.nslegalaid.ca.

Vera Johnson, Dental Hygienist, is available for cleanings at the health centre on Mondays and Tuesdays for those eligible under NIHB aged 16 and above. Please call Amanda at the health centre to make an appointment to see Vera.

Treatment Centre Schedule

- Rising Sun at Eel Ground, NB** is June 3, 4 weeks co-ed program
- Eagles Nest Recovery house** Indianbrook June 24, 4 weeks Co-ed program.
- Mikmaw Lodge** at Eskasoni, NS is June 17 4 weeks coed program
- Wolastoqewiyik** Tobique June 17, 5 weeks co ed program

Any Millbrook Youth who would like to go a treatment program I have forms for the 3 treatment centres available.

- Walgwan Centre in Quebec - long term program
- Charles J Andrew Youth Centre Sheshatshiu Labrador – long term
- Choices in Halifax

Contact the Community Addictions Counsellor (Peter Gloade) at 897-1234.



Anger Management

Anyone who needs to get counselling on Anger Management can contact Bridges – A Domestic Abuse Intervention in Truro at 902 897 6665 to do booking to see a Counsellor or contact Dan Walsh at the Millbrook Healing Centre at 902 893- 8483.

Health Centre update:

1. Please look at your medications to find out how many refills you have left. You can also call your pharmacy to get this information. When you pick up your final refill, call to make a doctor's appointment so that you don't run out of your medication.
2. For appointments at the health centre, please be on time. If you are late, we cannot fit you in and you will have to book another appointment.
3. If you want to be reimbursed for medications/medical supplies you purchase on your own, please contact the health centre **first** to make sure that they are something we or NIHB can cover. Not all items are reimbursable. Please provide original receipts as well.

Youth Dance

There will be a Youth Dance at the community Hall on **Saturday June 29 the date will be posted on Facebook** pizzas and movie cards 7 to 9pm for grades 6 & under and 9 to 11pm for grades 7 & up also canteen will be available. For more info contact Peter Gloade 902 897 1234. Music by Jeff Wilmot

Also PLEASE Note No grades 7 and up will be allow into the Hall until 9pm, also adults who are just coming up just for pizzas please note these are kids dances and the pizzas are for the kids. If you're an adult with no kids taking part in the dances, this rule apply to you also, Thank you.

Millbrook Gym Schedule

<u>Sunday</u>	<ul style="list-style-type: none">• Archery 6pm
<u>Monday</u>	<ul style="list-style-type: none">• Kids free play 6-7:45pm• Men's pick up Basketball starts at 7:45pm
<u>Tuesday</u>	<ul style="list-style-type: none">• League Volleyball 6-9:30pm
<u>Wednesday</u>	<ul style="list-style-type: none">• Kids free play 6-7:30pm• Men's pick up Basketball 7:30pm
<u>Thursday</u>	<ul style="list-style-type: none">• Kids free play 6-7:30pm• Pick-up Volleyball 7:30pm-close



St. John Ambulance

FIRST AID COURSE

June 22nd – 23rd

9:00am – 5:00pm

Millbrook Community Hall

Type of Class:
Standard First Aid AED CPR Level C

To register, please contact *Kyle Gloade* at the Millbrook Band Office (902) 897-9199

SIXTIES SCOOP CLASS ACTION SETTLEMENT

The Sixties Scoop Class Action concerns any registered Indian or person eligible to be registered or Inuit person who was adopted or made a permanent ward and was placed in the care of non-Indigenous foster or adoptive parents in Canada between January 1, 1951 and December 31, 1991, which resulted in the loss of cultural identity. Eligible class members could receive compensation between \$25 000 and \$50 000 depending on the overall number of eligible members.

TO START THE PROCESS

Eligible members have until August 30, 2019 to claim compensation.

You can get free support by calling **1 844 287-4270** or writing to sixtiesscoop@collectiva.ca

Professionals will assist you in the completion of claim forms.

Visit sixtiesscoopsettlement.info for more information



**60'S
SCOOP**

Task Force on the Commemoration of Edward Cornwallis and the Recognition and Commemoration of Indigenous History

You're invited to present your recommendations at a public engagement session on the following:

- How best to recognize and commemorate Indigenous history, in the area now known as the Halifax Regional Municipality, as part of a more complete history of the area
- The commemoration of Edward Cornwallis on municipal assets including the statue, park and street

Each session will be from **6-8 p.m.**

Thursday, June 6 Mi'kmaq Native Friendship Centre

Tuesday, June 11 Saint Mary's University,
Scotiabank Theatre

Thursday, June 13 Millbrook Community Centre

Tuesday, June 18 Zatzman Sportsplex,
Nantucket Room

Presenters will be asked to sign up upon arrival and will be permitted to present for up to seven minutes.

COMMUNITY NOTICE

May 28, 2019

No New 'Framework Agreement' for Nova Scotia

The Assembly of Nova Scotia Mi'kmaq Chiefs want to make clear that statements claiming that a new Framework Agreement is being negotiated in Nova Scotia and that Chiefs have taken dollars to push through a new agreement are FALSE.

Our Framework Agreement, also known as the Made-In-Nova Scotia Process, was signed in 2007, is still valid and does not need to be renegotiated. The Made-In-Nova Scotia was a major breakthrough for the Mi'kmaq; for years prior, the Mi'kmaq had been trying to get Canada and Nova Scotia to talk about our ancient title to lands and waters, as well as all the ancient and traditional rights, including those in the covenant chain of Treaties made with the Crown.

The Made-In-Nova Scotia Process sets out what will be negotiated and how it will be done. It does not sign away rights or title of the Mi'kmaq. We repeat, under the Made-In-Nova Scotia Process, we do not give anything up. There are extensive clauses that protect Mi'kmaq rights and title during negotiations.

There are so many legal uncertainties that surround our treaties. Negotiations is about coming to understanding with Canada and Nova Scotia on how the Mi'kmaq will exercise our rights today, in modern times, without going to court every time there is a disagreement.

Our position on this has not, and will not change. We fought hard to have our Treaties validated and we are not about to engage in any process that would, or could, lead to the termination of our inherent rights.

It is clear, and we are clear, the Mi'kmaq have Rights and Title to the lands, waters and resources of Nova Scotia and therefore we must have an equal voice in how these lands, waters and resources are managed, controlled, and protected. We all take our responsibilities to these lands that have sustained our people since time immemorial very seriously.

For additional information, please contact:

Crystal Dorey
Communication Officer
Kwilmu'kw Maw-klusuaqn Negotiation Office
crystaldorey@mikmaqrighs.com
902-843-3880



Kwilmu'kw Maw-klusuaqn Negotiation Office
Mi'kmaq Rights Initiative

Our Rights. Our Future.

Employment Opportunity

Native Employment Officer

Millbrook Band Office

Millbrook First Nation is seeking a **Native Employment Officer** to work in Millbrook, Nova Scotia. This is a one-year term, with possibility of renewal based on performance. The Native Employment Officer (NEO) is responsible for facilitating employment initiatives; providing needs assessment and career counselling; identifying employment opportunities; securing funding for employment activities and programs; ensuring compliance with employment programs of the Sub-Agreement. The NEO will be responsible to provide services that will increase the employability skills and reduce individual dependence on Social programs. Provides access to employment opportunities that could have a significant effect on the overall well-being of Aboriginal clients. The Native Employment Officer will be under the direct supervision of the Band Administrator and the METS Executive Director.

The successful candidate would ideally possess the following qualifications:

- University Degree in a social service field - **or** -
- Diploma/Certificate in social service field - **or** -
- Must possess and maintain a valid driver's license and have access to a reliable vehicle
- Must provide a Criminal Record Check; Vulnerable Sector
- Excellent written and verbal skills.
- Excellent organizational and time management skills.
- Excellent interpersonal skills and ability to work as an effective team member.
- General knowledge of Mi'kmaq culture, and general issues on the Millbrook First Nation.
- Understanding of the Mi'kmaq Employment/Training Secretariat.
- Preference will be given to Millbrook Band Members of Mi'kmaq descent.

Salary: \$40,000 – 45,000 per annum based on experience/qualifications

If you have any questions, please contact:

Kyle Gloade
Native Employment Officer Assistant
nemploymentofficer@eastlink.ca
Millbrook Administration Office
Phone: (902) 897-9199 ext. 130
Fax: (902) 897-0678



Application deadline: Please submit your resume to the Millbrook Administration Office by **Thursday June 20th, 2019** no later than 4:00pm.

STUDENT AWARDS

ALBERT HOWE CENTRE

SATURDAY, JUNE 29

5:00

Light Meal

5:30

Awards Presentation

10:00(ish)

Fireworks Display to Celebrate our Students!

Congratulations Students on a job well done!

STUDENT AWARDS

MILLBROOK
COMMUNITY HALL

FRIDAY, JUNE 28

5:00

Light Meal

5:30

Awards Presentation

(Students must be present to receive awards.
Awards will not be given to anyone other than
the student. No Exceptions.)

10:00(ish)

Fireworks Display to Celebrate our Students!

Congratulations to our upcoming Graduates!

14TH ANNUAL MILLBROOK MI'KMAQ MASTERS GOLF TOURNAMENT

**\$10,000
HOLE IN
1 PRIZE!**



DATE:

JUNE 22ND & 23RD, 2019

TO REGISTER CALL:

THE MOUNTAIN GOLF & COUNTRY CLUB

(902) 893-2841

PRICES:

MEMBER - \$75.00

NON-MEMBER - \$145.00

EARLY BIRD REGISTRATION - \$135.00

**COST INCLUDES; PRACTICE ROUND, CART FOR BOTH ROUNDS,
MEALS BOTH DAYS. (LOBSTER & STEAK DINNER)**



REGISTER BY JUNE 9TH

FOR THE CHANCE TO

WIN FREE REGISTRATION!



**Bright & Spacious, Onsite Café,
Smoking rooms, Prize Wheel,
Latest Technology & Free Wifi**

Check our facebook page for updates &
Legends Bingo Cafe Specials



"Where Winners Come to Play"

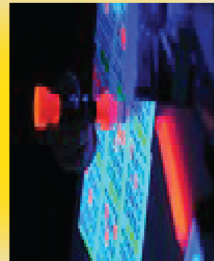
**Planning an event - call us for a
quote on your catering and
facility rental requirements.
Call 1-888-608-1754**

JUNE 2019

June 8th



**NOTE:
Cosmic
Bingo will
begin one
hour later-
Doors open
9:00 pm
Games
start
10:00 pm**



Wednesday	Thursday	Friday	Saturday	Sunday
5	6	7	8	9
 Express Books 12	\$150.00 Regular Games 18	PROGRESSING \$150-\$260.00 Regular Games 14	Floating \$200.00 15	\$200.00 Regular Games 16
Express Books 19	\$150.00 Regular Games 20	PROGRESSING \$150-\$260.00 Regular Games 21	Dauber Day & Evening Cosmic Bingo 22	Father's Day Giveaway \$200 Reg Games 28
Express Books 26	\$150.00 Regular Games 27	PROGRESSING \$150-\$260.00 Regular Games 28	Express Books 29	\$200.00 Regular Games 30
Express Books 26	Dual Dab Draws \$500 in total 27	PROGRESSING \$150-\$260.00 Regular Games 28	\$150.00 Regular Games 29	\$200.00 Regular Games 30

June 2nd marks the start of our summer hours Sundays will be evening bingos

www.twitter.com/legendsbingo

www.legendsgamingcentre.com

www.facebook.com/legendsgamingcentre



Ulnooweg is an Aboriginal financial institution that has been serving the needs for Aboriginal owned businesses since 1986.

We are in the business to help Aboriginals do business by providing:

- ⇒ Lending Services
- ⇒ Contributions
- ⇒ Business Support Services

www.ulnooweg.ca /1-888-766-2376/ info@ulnooweg.ca

Markie Bus Tours Halifax Casino Runs

On the First Friday of every month we will be departing at 8:00 am from New Glasgow Parking lot behind the Medical Center (which is front of the theatre area, on East River Road). Then traveling to Truro to pickup at Staples Parking lot Robie Street, departing at 9:30am. Departing Halifax Casino at 3:30pm same day.

Please call ahead for seating at (902) 843-5501

- **Bus Transportation**
- **FREE Non-Alcoholic Beverages on floor**
- **One Meal Coupon**
- **\$30.00 per person**

Visit: Casino Nova Scotia for more Information.
Contact **MARKIE BUS TOURS** for more information.

Phone: 902-843-5501



779 Prince Street, Suite 2
Truro, NS B2N 1G7

Derrick Higgins
Advisor
Member, Advocis

Tel: 902-843-2820
Cell: 902-986-3932
derrick.higgins@sunlife.com
www.sunlife.ca/derrick.higgins

Mutual funds distributed by
Sun Life Financial Investment Services (Canada) Inc.

Insurance and investment solutions, including:

- | | |
|----------------------------|----------------------|
| Life insurance | Employee benefits |
| Disability insurance | Annuities |
| RRSPs / RRIFs | Pension plans |
| Long term care insurance | Savings plans |
| Critical illness insurance | TFSAs |
| Personal health insurance | Estate and Financial |
| Mutual funds* | Planning Services |
| RESPs* | |

LENORE ZANN
35 Commercial St.,
Suite 212 Truro,
Nova Scotia B2N 3H9
807 ZANN (9266)
lenorezannmla@bellaliant.com www.mla.lenorezann.ca

Chris Googoo
General Contractor
Fully Insured
20 Years Experience
Phone: (902) 814-1752
Email: qualitybuildconstruction@gmail.com
Web Address: www.qualitybuild.ca



Specialties: New Home Construction, Home Additions, Garages, Mini
Barns, Renovations, Repairs.
Residential and Commercial, Roofing (Metal and Asphalt), Siding,
Windows, Doors, Decks, Drywall, Interior / Exterior Painting, Flooring,
and all Finish Work.
Insulated Concrete Forms (NUDURA) (FOX BLOCKS)
Spray Foam Insulation (Closed and Open Cell Spray Foam)

100% Customer Satisfaction Guaranteed !

www.jgauto.ca/get-approved

**Secure Your
Approval Today!**

1 Treaty Trail
Millbrook, N.S

1(902) 897-7550

Justin Glode justin@jgauto.ca



SERVICES

ASPHALT SEALING
LINE STRIPING
CRACK FILLING
ASPHALT MAINTENANCE
& MORE...

DARREN MARSHALL

902-956-4887

902-899-7851

actionseal.ns@gmail.com



Locally Owned & Operated By

Shane Kennedy (902) 890-2607
& Leana Kennedy (902) 890-8037
g_man22@outlook.com



STUDENT SUMMER
EMPLOYMENT APPLICATION 2019

MUST BE FULLY COMPLETED -
INTERVIEWS WILL BE HELD ON **Wednesday, JUNE 26th**

NAME: _____ TELEPHONE: _____

VALID EMAIL ADDRESS that you check regularly, this will be our means of communication:

AGE: _____ DATE OF BIRTH: _____ BAND NUMBER: _____

SOCIAL INSURANCE NUMBER: _____

1ST CHOICE POSITION: _____

2ND CHOICE: _____

3rd CHOICE: _____

You MUST
provide 3
choices

HIGH SCHOOL STUDENTS - **Total number of school days missed during school year:** _____

Please sign on this line giving permission for Debbie Gloade to release attendance records, credits and marks obtained, to the hiring committee: _____

UNIVERSITY/COMMUNITY COLLEGE STUDENTS - Please sign on this line giving permission for Barry Gloade and/or NEO Dept. to release this year's university/college marks to the hiring committee: Signature: _____

NAME AND TELEPHONE NUMBER OF TWO REFERENCES WHO **ARE NOT FAMILY MEMBERS** AND WHO KNOW OF YOUR **WORK ETHICS** THAT WE MAY CONTACT:

I hereby certify that the information in this application form is true and correct to the best of my knowledge, I understand that if any of it is found to be untrue, this application may be rejected.

SIGNATURE OF APPLICANT

DATE

Office Use Only Received On: _____



**Millbrook Enterprise Credit
Application Form
P.O. Box 634, Truro, N.S. B2N 5E5**

Office use only: Received this _____ day of _____ A.D. 2019
Band Administrator or his designate _____

Please Select: Mail _____ Pick Up _____ Direct Deposit _____
Applicant Name: _____
Band # of Applicant: _____ **Date of Birth:** Day_____/Month_____/Year_____
Telephone# () _____ - _____ **E-mail:** _____
Mailing Address: _____

I authorize the Millbrook Band permission to use the above information for communication purposes regarding band matters: **Yes**_____ **No**_____

All Millbrook Band Members are entitled to apply for the **June 10th, 2019 Millbrook Enterprise Credit.**

By signing this application, I, the applicant, do hereby agree and authorize the Millbrook Band to pay from my Millbrook Enterprise Credit Funds, any money I owe to the Millbrook Band as of the date of my application. Any Millbrook Enterprise Credits payable to Band Members under 19 years of age will be placed in a trust fund. When that Band Member attains the age of 19, he/she may apply through the Millbrook Band to have his/her Millbrook Enterprise Credit money released from trust. And I also acknowledge this Millbrook Enterprise Credit cannot be assigned to a third party, and is only payable to the applicant.

Please note: Applications must be fully completed to be considered for this credit of **\$1250.00** (One thousand two hundred fifty (Canadian) Dollars). **The deadline is September 13th, 2019. Any application not received or post marked on or after this date will not be accepted. Faxed Applications will not be accepted, please mail!**

A legible photocopy of Certificate of Indian Status (front and back) is required. If you do not have a Certificate of Indian Status, proof has to be obtained from the Millbrook Membership Clerk. (902)895-6385, Ext. 234. If you have any questions, please call 1-800-693-3112 or 902-897-9199.

Dated this _____ day of _____ A.D. 2019

Signature of Applicant
Approved () Not Approved ()

Witnessed by

By _____ and by _____
This _____ day of _____ A.D. 2019

June 2019 Millbrook Enterprise Credit Applicants

All completed **Direct Deposit** applications will be deposited on **June 3rd, 2019**. Completed applications must be received by **May 27th, 2019 @ 12:00 noon**.

Completed applications requested to be issued by **Mail or Pick Up** will be released **June 10th, 2019**. Completed applications must be received by **June 6th, 2019 @ 12:00 noon**.

Applicants requesting direct deposit must provide one of the two listed documents.

- Void Cheque belonging to the applicant
- Direct Deposit Form from applicant's bank

Please note: To avoid any errors, hand written banking information, and/or use of bank accounts not belonging to the applicant is no longer accepted.