


Millbrook Community NEWSLETTER

AUGUST 2019

Sheet Harbour Community

Important Dates

- ✚ **August 6 - 1:30pm** Seniors Craft day (loom knitting continued)
- ✚ **August 8** - Addictions Workshop (pg 14)
- ✚ **August 9-11** - Millbrook First Nation Competition Powwow
- ✚ **August 14 - 10am-2pm** Seniors Summer Picnic
- ✚ **August 26** - 4:30pm Newsletter Deadline

 **MILLBROOK
FIRST NATION**
TELEPHONE: (902) 897-9199
TOLL FREE: 1-(800)-693-3112
MILLBROOK BAND ADMINISTRATION
P.O. BOX 634
TRURO, N.S. B2N 5E5

Millbrook Band Office

Mailing Address

Millbrook Band
Administration
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday - Thursday
8:30am-12 pm 1:00pm-4:30pm
Friday
8:30am-12pm

Phone Numbers

Band Office
1 (902) 897-9199
Toll Free
1 (800) 693-3112

[New Website & URL address](#)

Millbrook's website can now be accessed at www.millbrookband.com.

[Social Assistance](#)

Social Assistance Cheques are tentatively scheduled for: **August 1, 15 & 29, 2019**.
Applications are available at the Reception desk at the Band Office.

[Chief and Council Meeting](#)

The next Chief and Council meeting is scheduled for **September 6, 2019**.

The deadline for submissions or requests to see Council is **September 12, 2019**.

Please submit to the Administrative Assistant, Jay Martin, Phone: (902) 897-9199 Ext. 110,
Fax: (902) 893-4785 or e-mail: jay.m@eastlink.ca.

October Chief and Council meeting is **October 8, 2019**.

[Chief and Council Meetings](#)

[August 2019](#)

🌟 **August 9-11** - Millbrook First Nation Competition Powwow



[Newsletter Deadline](#)

The Newsletter deadline is the 26th of each month.

Friday, August 26, 2019

You can make a contribution to the Millbrook Community Newsletter by sending your information to: mbcommunications@eastlink.ca, or by the website contact form (link) <https://www.millbrookband.com/contact>

Community

The Community page; this may include birthday messages, recent or historic photos, congratulations to a person or group, public events, items for sale, availability for odd jobs. To have your information posted on the newsletter and website send your information to Nigel Gloade by calling the office at (902) 897-9199 extension: 119, iMessage or e-mail: mbcommunciations@eastlink.ca

[Building Permits](#)

Before constructing on your property contact Millbrook's Bylaw Officer to obtain a building permit.

[Tobacco Store](#)

The last duly convened Chief and Council held on January 14, 2019 it was decided to **increase individual quotas to 10 cartons a month starting immediately.** Band Members can now purchase 5 cartons at a time, twice a month and unlimited loose tobacco.

[New Dog Tags](#)

I have new dog tags for 2019 -2020 cost is \$15.00 Millbrook Bylaw Enforcement Officer, Dennis MacLeod 902-899-5240

[Millbrook Powwow Grounds](#)

Millbrook's powwow grounds and Arbour construction has just finished for our upcoming 20th Annual Powwow. The new Arbour and extended parking lot will allow more participants to join the ceremonies throughout the weekend. The powwow grounds have been levelled out and resodded, and everyone should avoid walking on the new sod until the Powwow.



MILLBROOK FIRST NATION
COMPETITION POWWOW
Celebrating Indigenous Culture



Head Male Dancer

LEVI BLACKWOLF

*Warm Springs/Yakama Tribe
 Oregon, USA*

Host Drum

THE BOYZ - TBZ

*St. Paul,
 Minnesota, USA*

Arena Director

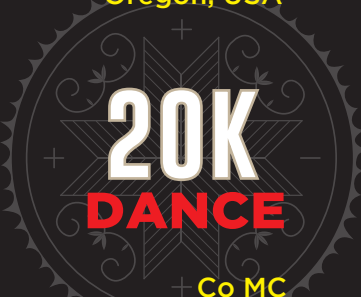
ARMANDO LUCIO

*Apache Nation
 Texas, USA*

Head Female Dancer

WILLOW ABRAHAMSON

*Shoshone Bannock/Colville Nation
 Idaho, USA*



\$40,000



SAQAMAW LEROY DENNY

*Mi'kmaq Nation
 Eskasoni, Unama'ki*

**MILLBROOK
 FIRST NATION**

MICHAEL R. DENNY

*Mi'kmaq Nation
 Eskasoni, Unama'ki*

DRUG AND ALCOHOL FREE EVENT * ALL WELCOME! * FIND US ON FACEBOOK

AUGUST 9-11, 2019

Millbrook First Nation, Nova Scotia, Canada

Education Newsletter August 2019

SCHOOL STARTS

The first day of classes for students is Thursday, September 5th.

SCHOOL SUPPLIES

School supply cheques will be issued on Thursday, August 22nd. Applications must be completed.

School supply amount is \$125.00, Millbrook will once again be paying TRES directly for school supplies. Millbrook will also be paying TJHS for Grade 6 ONLY. \$30.00 for Primary and 1, \$35.00 for grades 2 to 6. This will be deducted directly from your school supply cheques.

School supply lists for all other grades at TJHS will be available at the Band Office Receptionist desk.

BACK PACKS

A heads up, when you are out shopping for school supplies hold off on purchasing a back pack. KELLY GLOADE is fundraising to purchase Back Packs for Millbrook students. These backpacks will not have supplies in them. **A HUGE SHOUT OUT TO KELLY GLOADE!!!**

LUNCH ALLOWANCE

Lunch Allowance cheques for ON RESERVE will be issued on Thursday, August 29th. Lunch allowance for Off Reserve will be issued on Monday, October 2nd.

BIRTHDAY WISHES

Happy Birthday to the following Truro Elementary School students who will celebrate their birthdays in August: Brilynn Baird, Gabriella Lattie, Myla Martin and Raylee Wilmot-Munroe, Madelyn Bernard, Kadin Gloade, Meika Martin, Cailynn Prosper, Summer Sylliboy!





INSTRUCTIONS FOR BUS PASSENGERS



The driver is in full charge of the school bus. Obey his instructions.

Be on time - the bus will not wait.

NO BULLYING OF ANY KIND WHILE ON THE BUS.

Do not talk to the driver unless necessary.

Do not swear or use bad language while on the bus.

Do not talk loudly, yell or whistle while on the bus.

Do not stand or move about while the bus is moving.

Do not open the windows without permission.

Do not put hands, arms, feet or head out the bus window.

Do not throw anything inside the bus or out the windows.

Keep aisles of the bus clear at all times.

When it is necessary to cross the bus in front of the bus, walk 10 feet in front of the bus so the driver can see you, cross to the center of the street, STOP, LOOK and LISTEN and cross the street when it is safe to do so.

Never stand or play on the road while waiting for the bus.

ALWAYS BE CAREFUL

Millbrook Seniors News

Lazy days of summer? Come join us and have some summertime fun!

Dr. Appointments: Call for Appointments. If you need to see a doctor sooner contact the Walk In Clinic for an appointment. If your issue is Urgent go to Emergency Department at the hospital.

Millbrook Seniors 55+ Craft Day

Tuesday August 6th, 2019

Loom Knitting Continued

New knitters welcome, kits available

1:30 p.m.

Millbrook 55+ Seniors Summer Picnic!

Wednesday August 14th, 2019

10:00 A.M. – 2:00 P.M.

Games, Prizes, Food and Fun!

Stewiacke River Park

Transportation available!

Upcoming Events

Medical Taxi information:

Donna Gloade – 9902 986 8842

Ella Paul – 902 956-2679

G D Taxi – 893-2150 (local only)

To get Taxi service you must call N.I.H.B to get an approval Number before booking your Medical taxi. 1-800-565-3294.

Have Dr. and facility address, and your Band Status number ready when calling. Please book well in advance.



Mr. Peter Steiner is working on the Community Garden through the Confederacy of Mainland Mi'kmaq. The garden is located at the end of Brooks lane on right before the bridge. He would like to invite Elders to come participate in any way, offer knowledge, spiritual guidance for harvesting ceremonial tobacco and giving thanks for harvest. Peter is at the garden every Tuesday from 11:00 a.m-4:00 p.m.

Hats for kids!

Starting this fall I would like to have a "Hats for kids" knitting day or evening at the Senior Centre. Knitted items will be donated to local children in need. Daycare, and others in need ie homeless shelter, foodbank. Experienced and new knitters welcome. We can start with hats and scarves and move on to more complex items like mittens and sweaters. It will be a volunteer group and we can raise money for yarn and supplies. If interested call Lavinia at 895-9468

REMINDER

I WOULD LIKE TO REMIND EVERYONE TO PLEASE CALL TO SIGN UP FOR PLANNED EVENTS SO THAT I CAN BE PREPARED FOR THE SESSIONS. THANKS FOR YOUR CO-OPERATION.

Lavinia Brooks, CHR

Millbrook Health Center

812 Willow Street

B2N 6N7

(902) 895-9478

Fax (902) 893-3665

laviniab@millbrookhealth.ca



Employment Opportunity

Wellness Coordinator

Millbrook First Nation is seeking a Wellness Coordinator to work in Millbrook, Nova Scotia. This is a full-time position. The successful candidate would be required to work 32 hours per week (9:00am to 4:30pm Monday to Friday). This position operates under the direct supervision of the Director of Health Services. The Wellness Coordinator coordinates the planning and development of mental health & wellness activities for the community and promotes better integration of services for children and families (e.g. health, social services, justice, education, employment, etc.). The Wellness Coordinator organizes mental health crisis response in the community as needed. The Wellness Coordinator raises awareness of and promotes safety and injury prevention programs in Millbrook. The Wellness Coordinator develops and delivers culturally-appropriate and holistic family-focused programs, activities and events to encourage healthy family interactions.

The successful candidate would ideally possess the following qualifications:

- Post-secondary degree in the health or social sciences (ex. social work, counselling, community development, health promotion)
- Experience with mental health and wellness program delivery
- Experience organizing programs and activities for large groups
- Experience in crisis response is an asset
- Experience working in community development is an asset
- Experience with injury prevention and safety awareness is an asset
- Must be willing to work evenings, weekends, and holidays to facilitate Wellness Programs
- Good inter-personal skills and communication
- Ability to work with minimal supervision; must be self-motivated and reliable
- Knowing the issues/concerns in Millbrook First Nation is an asset
- Must be willing to submit to a background check as they will be working directly with children and families
- Must have a driver's license and a reliable vehicle
- Preference will be given to qualified Millbrook Band members of Mi'kmaq descent

Salary: (TBD based on qualifications and experience)

If you have any questions, please contact:

Kyle Gloade

Phone: (902) 897-9199 ext. 122

Email: millbrookemployment@eastlink.ca

Application deadline:

Please submit your resume and cover letter to the Millbrook Band Office,

Attention: Kyle Gloade by **August 16th, 2019 no later than 4:30pm**. Not all who apply will be contacted.

JOB OPPORTUNITY**Term Position****Native Student Support Worker****Truro Junior High School**

The Student Support Worker under the direction of the Millbrook Educational Services Director and the direct supervision of the School Principal, will

- Provide a positive role model to all students in the school;
- Implement recommendations providing program support to Millbrook students;
- Assist students in the classroom under the direction of the classroom teachers;
- Implement small group initiatives under the direction of Learning Center and/or Classroom Teacher;
- Maintain positive communications and work cooperatively with school personnel;
- Promote native cultural awareness and understanding among all school staff.

Qualifications and Requirements of Student Support Worker

- must possess a high school diploma or equivalent;
- have experience working with teenagers in a community or school setting;
- have demonstrated ability in working collaboratively as part of a team involving students, teachers, school administration, school support staff, parents/ guardians;
- have experience working with and demonstrated concerns for children and youth, particularly those “at-risk”;
- have appropriate interpersonal and communication skills;
- must be willing to provide support to help students fit into the provincial school system;
- have the ability to work independently as well as within a team setting;
- must submit to a Child-abuse Registry and Criminal Police Check;
- Millbrook Band Members of Mi’kmaq descent will be given preference;
- this is a term position until June 28th, 2020 with possibility of retention;
- not all who apply will be interviewed.

Knowledge of and positive experiences working with First Nations youth and community involvement is essential.

Hours: 8:40 am – 3:30 pm.

Tentative Start Date: September 4, 2019

Closing Date for Applications: Friday, August 16th at 4:00 pm.

Please drop resumes at the Millbrook Band Office, attention Debbie Gloade.

Community



[Sacred Heart Church](#)

Regular Sunday Mass Time is at 11:30 a.m.

For More information visit the Immaculate Conception website: www.icc-truro.org.

[Prayer Group](#)

Prayer Group meets every Monday at 7:00 pm. at the Senior's Centre in Millbrook. Agenda includes Rosary and Prayers, followed by tea, a light lunch and a social.

Come join us – everyone is welcome! The contact person for group is Jane Abram at (902) 893-7454.

[“Understanding the Bible”-Weekly Scripture Study for Adults](#)

Please join us on Thursday evenings at 7:00 pm for an evening of fellowship as we learn together the Word and grow in grace and understanding. Tea and light refreshments to follow. Located at 74 Abenaki Road. Contact: Kelly Gloade at (902) 890-8307.

[Community Hall Bookings](#)

To book the Community Hall please contact **Jay Martin at (902) 897-9199 Ext 110.**

Thank you to those who continue to keep the hall, clean, neat and tidy.

Please try to book your event early, preferably a minimum of 2 weeks in advance.

[Compost, Garbage & Recyclables](#)

CLEAR GARBAGE BAGS ARE A MUST.

That means only **one black garbage bag** (privacy bag) per week, **the rest must be in clear bags.** [Recycle items \(containers and paper\) must be in blue bags or clear bags.](#) **Cardboard boxes must be broken down!** If you do not have a compost bin please call Carla Moore at the Health Centre at 902 895-9468. There are some of the small kitchen containers available.

Garbage is picked up every week.

[Compost bin dates are Tuesday, August 6, 13, 20 & 27.](#)

[Blue Bags dates are Tuesday, August 6 & 20.](#)

[All items must be at curb side by 7:00 am.](#)



[Used Battery Bin](#)

If you have old batteries please do not throw them in the garbage, we have a battery recycle bin located in the Band Office and Health Centre. - WELA'LIN Natasha Bernard

[Millbrook Youth Centre](#)

The Youth Centre is open **Friday & Saturday nights 6-11pm**

The Millbrook Youth Centre has part time staff to supervise the youth on the weekends.

[RECC Membership](#)

The Civic Centre is not located on the reserve, Taxes are applied to the cost. The Band Member must purchase the Membership first then submit the receipts to Priscillia Martin. The Tobacco Store covers \$300 per activity(see regulations online at millbrookfirstnation.net).

Community

Sunday Night Hockey

Sunday Night Hockey at the Deuilles starts next season

Millbrook Family Skate Every Sunday Morning

Sunday morning ice times at the R.E.C.C. starts at 9-10am,

August 4, 11(8am), 18 & 25.



Millbrook Fitness Centre

12 (noon) to 3:00 p.m. Monday, Tuesday, Wednesday, Thursday, Friday

(7:00 am to 9:00 am for Women and Seniors only) Tuesday, Wednesday and Thursday

(6:00 pm to 10:00 pm) Sunday, Monday, Tuesday, Wednesday, Thursday

Exercising a few times a week is a great way to improve your overall health.



Alanon

There is a Alanon meeting every Monday 10am, and Tuesday 8pm at the Alliance Church on Phillips Street which is off Robie Street.

Detox

It's better if the client comes to my office and we call the detox to do a booking, the detox "always has to talk to the client first" before a bed is given to them, for the client to answer questions RE : health, and medical. I Can not do the booking for the client. If for some reason client can not make it to my office I ask if they could call them which most of the time it not the same day.

Health Services:

Please call NIHB before you get eye exams/glasses, medical transportation, medications and mental health services to see if those are covered by NIHB and that you are eligible for those things. The NIHB toll-free number is 1-800-565-3294 (press 2 for client, then press 1 for vision, 2 for medical transportation, 3 for medical supplies and equipment, 4 for medications, or 5 for mental health). Before you undergo a dental procedure, make sure your dentist has called NIHB's dental pre-determination centre to find out if the procedure is covered by NIHB.

Alcohol Anonymous Groups

Millbrook Free Spirit AA group meets every Tuesday night at 7pm at the Millbrook Senior's Centre.

Everyone is Welcome

7:30pm Hubtown Group Douglas St school

Friday - Phoenix 12 & 12 St Andrew Church 7pm 55 King St.

Saturday - Hubtown Group 7:30 Douglas St school

Sunday - Breakfast Group 11am 36 Douglas St

(NA Meeting)

Tuesday - St Andrew Church 55 King St. 8pm

Saturday - Millbrook Senior's Center 1pm

(Al Anon)

Wednesday - 40 Douglas St. 7pm contact Ann 902 895 5535

Health Centre

Mailing Address

Millbrook Health
Centre
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday - Thursday
8:30am-12pm 1:00pm-4:30pm
Friday
8:30am-12pm

Phone Numbers

Health Centre
1 (902) 895-9468
Toll Free
1 (844) 895-9468

Confidentiality

The health centre staff are professional individuals who want to provide the best services to community members. Please be assured that they maintain confidentiality about your personal information and your appointments.

Mental Health and Addictions Counselling

Mental Health and Addictions Counselling

Charles Casselman, Adult Clinical Therapist. Charlie is a Clinical Therapist with the Nova Scotia Health Authority who works out of our health centre on Thursdays. He is available for one-to-one counselling. Please call the health centre at (902) 895-9468 to book an appointment with Charlie.

Gladys Fraser, Child and Youth Clinician. Gladys is a Clinical Therapist with the Nova Scotia Health Authority for the past 12 years. She is working at the Millbrook Health Center 2 days a week (Monday & Tuesday), counselling children, adolescents (up to age 18) and families. Gladys previously worked with the Autism Program and Family First program at Colchester East Hants Health Centre. Gladys can help children and youth with a variety of mental health needs/concerns such as anxiety, depression, gender/sexual identity, behaviour management, parent/child conflict, bullying, and self-esteem. Anyone can self-refer by calling the Millbrook Health Center at (902) 895-9468.

Meaghan Fullerton, Adult Clinical Therapist. Meaghan's position as a Clinical Therapist is shared by Millbrook Health Center and Sipekne'katik Health Center. She is available for one-to-one counselling at the Millbrook Health Centre on Wednesdays and Fridays. Her counselling work has focused on culturally-safe mental health care for Mi'kmaq communities, and she has worked as a community-based therapist in both Pictou Landing and Paq'tnekek in the past. Meaghan's areas of work include anxiety, depression, addictions, trauma, intergenerational and colonial trauma, ADHD and other learning exceptionalities, behavioural issues, family crisis, self-harm, recent life-changes, and grief. Please call the health centre at (902) 895-9468 to book an appointment with Meaghan.

Michelle Sullivan, Adult Clinical Therapist. Michelle is a Clinical Therapist with the Nova Scotia Health Authority who works out of the Millbrook Health Centre on Thursdays. She is available for one-to-one counselling. She has a Masters of Counselling Psychology and has worked with youth and families for over 26 years. Her areas of counselling include: anxiety, depression, addictions, grief and loss, past trauma, self-harm, abuse, life transition and adjustment challenges. Please call the Millbrook Health Centre at (902) 895-9468 to book an appointment with Michelle.

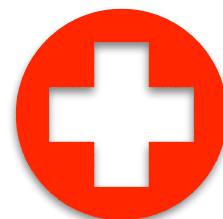
Medical Drivers

Donna Gloade

Home: (902) 895-9540 Cell: (902) 986-8842

Ella Paul

Cell: (902) 956-2679



[National toll-free First Nations and Inuit Hope for Wellness Help Line](#)

There is a National toll-free *First Nations and Inuit Hope for Wellness Help Line*. The Help Line, which started operation on October 1, provides immediate, culturally competent, telephone crisis intervention counselling support for First Nations and Inuit, 24 hours a day, seven days a week. Counsellors can also work with callers to identify follow-up services they can access. Counselling is available in English and French and, upon request, in Cree, Ojibway, and Inuktitut.

The new toll-free number for the First Nations and Inuit Hope for Wellness Help Line is 1-855-242-3310.

[Millbrook Free Spirit AA](#)

Millbrook Free Spirit AA group meets every Tuesday night at 7pm at the Millbrook Senior's Centre. Everyone is Welcome

**responsible for your own transportation.*

[Eskasoni Help Line](#)

For any youth who are having a problem such as bullying, peer pressure, or any problems and want to talk to someone there is a number to call; all calls are confidential. Eskasoni help line toll free 1-855-379-2099 or on Facebook Eskasoni Crisis Worker there will be someone there to chat to.

[NA meeting](#)

NA meeting in Truro are every Sunday, Tuesday, & Thursday nights at St Andrew Church 55 King Street at 8pm. For more information call 1 800 205 8402 or www.centralnovaarea.ca

**responsible for your own transportation.*

[5 weeks Rehab Treatment](#)

The client has to be clean and sober for at least 1 week. The client has to meet with the addiction counsellor 4 times, and has to make sure all appointments are taken care of before going into treatment.

[Community Addictions Worker - Peter Gloade](#)

The Community Addictions Worker has a list of AA and NA & Alanon meetings in the local area or call (902) 895- 5535 for more information on local groups. Also www.area82aa.org has information.

If anyone has any suggestion regarding workshops or presentation what they would like to see regarding addictions. Please contact me at (902) 890-1671 or message me on facebook. I am open to all suggestions, Peter Gloade.

[Nova Scotia Legal Aid - confidential online forum](#)

Nova Scotia Legal Aid provides a confidential online forum on Tuesdays from 2 p.m. to 5 p.m. for people to ask a lawyer family law questions. The website is www.nslegalaid.ca.

[Anger Management](#)

Anyone who needs to get counselling on Anger Management can contact Bridges – A Domestic Abuse Intervention in Truro at 902 897 6665 to do booking to see a Counsellor or contact Dan Walsh at the Millbrook Healing Centre at 902 893- 8483.

[Treatment Centre Schedule](#)

- Rising Sun at Eel Ground, NB** is Aug 3, 4 weeks co-ed program
- Eagles Nest Recovery house** Indianbrook Sept 2, 5 weeks Co-ed program.
- Mikmaw Lodge** at Eskasoni, NS is July 29 1 week relapse program
- Wolastoqewiyik** Tobique Aug 19, 5 weeks co ed program

Any Millbrook Youth who would like to go a treatment program I have forms for the 3 treatment centres available.

- Walgwan Centre in Quebec - long term program
- Charles J Andrew Youth Centre Sheshatshiu Labrador – long term
- Choices in Halifax

Contact the Community Addictions Counsellor (Peter Gloade) at 897-1234.



WorkShop - Addictions

There will be a workshop on August 8 for Adult Males & Females. There will be a limited of 12 seats and this is for adults that are having a hard time with their Addictions, a talking circle will also be involved. The presenter for this workshop is Gabriel Whiteduck from Prince Albert, Saskatchewan. If interested please inbox me your name or call [Peter Glode](#) 902 897 1234 , also a chance to win a \$50 gift card.

Medical News

Missed Appointments

If you cannot make your appointment at the health centre, please call ahead to let us know so that we can book someone else in your place. Missed appointments without notice contribute to a long waiting list for everyone. This includes appointments with the doctors, mental health and addictions clinicians, foot care nurse, and chiropractor.

Late Appointments

Please be on time for your appointment at the health centre. If you are late, we may not be able to fit you in and you will have to book another appointment.

Prescription Refills

Anyone needing a medication refill has to now make a doctor's appointment. Refills can no longer be done over the phone by either nurse. Please look at your medications to find out how many refills you have left and the expiration date. You can also call your pharmacy to get this information. When you pick up your final refill, call the health centre to make an appointment with the doctor before your medication runs out. We have a doctor here several times each week. Appointments do fill up quickly so don't leave it until the last minute or you may end up going without your medication.

Reimbursements

If you want to be reimbursed for medications/medical supplies you purchase on your own, please contact the health centre **first** to make sure that they are something we or **NIHB** can cover. Not all items are reimbursable. Only original receipts will be accepted as well.

Millbrook Gym Schedule

<u>Sunday</u>	<ul style="list-style-type: none">• Archery 6pm
<u>Monday</u>	<ul style="list-style-type: none">• Kids free play 6-7:45pm• Men's pick up Basketball starts at 7:45pm
<u>Tuesday</u>	<ul style="list-style-type: none">• League Volleyball 6-9:30pm
<u>Wednesday</u>	<ul style="list-style-type: none">• Kids free play 6-7:30pm• Men's pick up Basketball 7:30pm
<u>Thursday</u>	<ul style="list-style-type: none">• Kids free play 6-7:30pm• Pick-up Volleyball 7:30pm-close



SEEKING COMMITTEE MEMBERS

This Fall, the *Wula Na Kinu: This is Who We Are* Mi'kmaq Enrollment Process will be piloted to identify who are the beneficiaries of Aboriginal and Treaty Rights in the province of Nova Scotia, and to administer harvester identification cards for access to provincial resources.

We are currently looking for Nova Scotia Mi'kmaq who want to be considered as a member of the Enrollment Committee.

Enrollment Committee members will serve for a one-year term and their role will be to consider and assess applications, based on the Eligibility Criteria, and to appoint & direct the Enrollment Officer.

Enrollment Committee Membership must include:

- Elder
- Youth (between the ages of 18 and 35)
- Urban (off-reserve) resident
- Single parent

What you need to submit:

- Letter of Interest (please note membership category which you represent)
- Resume or CV

Deadline for applications: 12pm on AUGUST 8, 2019

Please send your submission to:

info@mikmaqrighs.com
or by fax: (902) 843-3882



Maw-lukutijik **Saqmaq**
Assembly of Nova Scotia
Mi'kmaw Chiefs



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www.ulnooweg.ca /1-888-766-2376/ info@ulnooweg.ca

Markie Bus Tours Halifax Casino Runs

On the First Friday of every month we will be departing at 8:00 am from New Glasgow Parking lot behind the Medical Center (which is front of the theatre area, on East River Road). Then traveling to Truro to pickup at Staples Parking lot Robie Street, departing at 9:30am. Departing Halifax Casino at 3:30pm same day.

Please call ahead for seating at (902) 843-5501

- **Bus Transportation**
- **FREE Non-Alcoholic Beverages on floor**
- **One Meal Coupon**
- **\$30.00 per person**

Visit: Casino Nova Scotia for more Information.
Contact **MARKIE BUS TOURS** for more information.

Phone: 902-843-5501



779 Prince Street, Suite 2
Truro, NS B2N 1G7

Derrick Higgins
Advisor
Member, Advocis

Tel: 902-843-2820
Cell: 902-986-3932
derrick.higgins@sunlife.com
www.sunlife.ca/derrick.higgins

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Justin Glode justin@jgauto.ca



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902-956-4887

902-899-7851

actionseal.ns@gmail.com



Locally Owned & Operated By

Shane Kennedy (902) 890-2607
& Leana Kennedy (902) 890-8037
g_man22@outlook.com

August 2019 – Millbrook Health Centre						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Michelle	2 Meaghan Charles Vera	3
4	5 HOLIDAY (closed)	6 Gladys	7 Dr. Blois (full day) Meaghan Gladys Dr. Vance	8 Dr. Blois (full day) Michelle	9 Meaghan Charles	10
11	12 Dr. Blois (full day) Vera (full day) Gladys	13 Dr. Blois (full day) Gladys	14 Gladys Meaghan	15 Foot Care	16 Meaghan Charles	17
18	19 Gladys	20 Dr. Blois (full day) Gladys	21 Dr. Blois (full day) Meaghan Gladys Dr. Vance	22 Michelle	22 Charles Meaghan	24
25	26 Dr. Kelly (full day) Gladys	27 Dr. Kelly (full day) Gladys	28 Dr. Blois (full day) Meaghan Gladys	29 Dr. Blois (full day) Michelle Foot Care	30 Charles Meaghan	31

25 No Show Appointments for Doctor for June. Please call and cancel if you can't make your appointment. Summer Hours: Monday to Thursday (8:30 to 4:30); Friday (8:30 to Noon)



Phone: 1 800 693-3112
Fax: 902 897-0841
Email: edudir@eastlink.ca

APPLICATION FOR SCHOOL SUPPLIES & LUNCH ALLOWANCE 2019-20

Student's Name: _____

Date of Birth: _____

Student's 10 Digit Band Number: _____

School to be attended upcoming year: _____

Grade Entering: _____ **School Contact Number:** _____

Parent/Guardian Names: _____

Phone Numbers where parents can be reached _____

Parent's Email Address: _____

Mailing Address: _____

Other Pertinent Information: _____

Date

Parent / Guardian Signature

For all students attending Truro Elementary School; Millbrook Band will pay the directly for school supplies. The cost is \$30.00 for Grades Primary & 1 and \$35.00 for Grades 2 to 5. This will provide your child with all the supplies they will need for the year. For Grade 6 ONLY at Truro Junior High School the cost is \$35.00 per student.

By signing this application form, you give permission for the attending school to provide Millbrook Educational Services Director with information regarding your child's attendance and academic performance.