



**Band Office:**

**Regular Business Hours:**

Mon–Friday . 9am–4:30pm

Closed for Lunch 12:00-1:00pm

(902) 897-9199

1-800-693-3112

**Closed April 10<sup>th</sup>, Good Friday  
and April 13<sup>th</sup>, Easter Monday**

## Band Council Meetings Special Notice

Millbrook Band Council meetings are tentatively scheduled for the second Tuesday of every month. We ask that all letters addressed to the band council for discussion be forwarded to:

Bernadette Sylliboy,  
Administrative Clerk, **at the band office**, by fax 893-4785, or by e-mail to: [bsylliboy@tru.eastlink.ca](mailto:bsylliboy@tru.eastlink.ca) **on the Thursday before the scheduled meeting date, no later than noon**

**Next Meeting:** The next scheduled meeting is April 14<sup>th</sup> 2009.

**Deadline for submissions:**

Thursday, April 9<sup>th</sup> at noon.

If submitted later than noon on Thursday, it will have to wait until the next scheduled band council meeting.

Any and all request for financial assistance from Millbrook Band Council will be recorded in the minutes. The minutes are made available for viewing for all Band Members at the Band Office during normal business hours.

Thank you, Millbrook Chief & Council

## REMINDER TO SOCIAL CLIENTS

Notices were sent to everyone individually informing you that the following forms for the new (2009/2010) fiscal year were due March 31<sup>st</sup>, 2009:

- ✓ APPLICATION FOR SOCIAL ASSISTANCE
- ✓ RELEASE OF INFORMATION CONSENT FORM
- ✓ REVENUE CANADA CONSENT FORM
- ✓ INCOME SECURITY PROGRAMS AUTHORIZATION TO COMMUNICATE INFORMATION

Please be re-advised that there will NOT be a social cheque for you on April 8<sup>th</sup> if you have not submitted these forms by March 31<sup>st</sup>, 2009.

**LATE APPLICATION(S) = LATE SOCIAL CHEQUE(S).**

## Compost and Recycle

The dates for compost and recycle are: Tuesdays, April 7<sup>th</sup> and 21<sup>st</sup>. Compost bins must be out by 7:00 am.

## Dance is Back!!

Wow, already a whole year has passed. And finally spring is in the air!

Dance classes will be starting on April 5<sup>th</sup> at the Millbrook Gym. It is opened to all Community members.

This year though there will be a twist. We will have Ballroom/ Latin, Hip hop too and for all the girls doing that boot camp why not some Hip Hop ABS.

Instead of paying hundreds of dollars come and try the Hip hop abs with dance, Kick boxing and much more all to your favourite types of music.



**Dance classes will start April 5<sup>th</sup> at the Millbrook Gym**

Ballroom and Latin- 2pm-3pm

Hiphop Abs-3pm-4pm

Hiphop dance classes 4pm-5pm

SPACE IS VERY LIMITED DUE TO HIGH DEMAND FIRST COME FIRST SERVE.

Hope to see you there!

Thanks, Nicholas Phillips

Nicholas Phillips

## Income Tax Notice

Please be advised that you require your T-4's even if you are employed on the reserve.

Bring in your T4s for the income tax returns and if there is no T4, and you want your return completed you need the following information: social insurance number, address and who in your family is applying for the G.S.T. rebate ( only one, Only the husband or wife can apply.)

## Attention: Senior/Elder Millbrook Band Members

Due to the fact that Millbrook Social Development has recently taken over the responsibility of paying for "on reserve" Senior's utility bills, all Seniors/Elders will be required to fill out an application for Social Assistance.

Millbrook Social Development will be mailing the applications to the seniors we have on file or applications are available at the Band Office.

Please return all applications to Margaret Poulette, Social Development Assistant.

## New Secure Certificate of Indian Status Cards

Indian and Northern Affairs Canada will be issuing a new Secure Certificate of Indian Status in mid-2009. (After the new card is launched, your current Status card will continue to be valid until it reaches its renewal date.)

In order to apply for the new card, you will need to present certain identity documents along with your application.

### Registered Indians 16 years and older will need:

1. Your old Status card;
2. Your original birth certificate (long or short form); AND
3. A valid passport (or other form of identification\*)

### If your old Status card is damaged or lost, you will need:

1. A statutory declaration (confirming status);
2. Your original birth certificate (long or short form); AND
3. A valid passport (or TWO other forms of identification\*)

### If you have never been issued a Status card, you will need:

1. Your original birth certificate (long or short form); AND
2. A valid passport (or TWO other forms of identification\*)

Children 15 years of age and under will need to be accompanied by a parent or legal guardian with a valid form of photo identification. (Legal guardians will also require documentation of guardianship.) The child will need to present an original birth certificate (long or short form) and one piece of ID.

### \*Other valid forms of identification include:

- \* Driver's license (provincial or territorial)
- \*Student ID (with digitized photograph)
- \*Government Issued employee ID card (with digitized

photograph)  
\*Other federal, provincial/territorial ID card  
\*An ID card from one of the 29 INAC recognized self-governing First Nations (with digitized photograph)

For more information please call 1 800 O-CANADA (1-800-622-6232) TTY: 1-800-926-9105.

More detailed information on the new Secure Certificate of Indian Status will be available closer to the launch date.

## Easter Egg Hunt

On Saturday April 4<sup>th</sup>

The Millbrook  
Youth Group

Will be holding A

Easter egg hunt!!

Saturday April 4<sup>th</sup>

11-11:30 Ages 3-5

11:30-12 Ages 6-10

**COST FREE**

*There will be a Canteen  
in support of the Youth.*

SO COME AND HAVE FUN  
AND SUPPORT OUR  
GROUP

*Donations Welcomed.*



## Sunday Skating

The last Family Skating at the Colchester Legion Stadium will be on April 5th at 7:45 am.



## Sacred Heart Church

**Regular Sunday Mass –**  
Regular Mass Time is now at 11:30 a.m.

The website for Immaculate Conception is [www.icc-truro.org](http://www.icc-truro.org)



## Millbrook Prayer Group

Meets every Tuesday at 7:00pm. All are welcome! The agenda includes the Rosary, a lunch and social. The meeting location changes each week so be sure to contact Jane at 893-7454.

## April Birthday Greetings!

March 6 - Happy Belated Birthday to our son Ethan Poulette who celebrated his 13<sup>th</sup> Birthday ! Love Mom and Dad

March 6 - Happy Belated Birthday,, to my brother Ethan, Love Keely

April 11 – Happy Birthday to MY baby girl! Siobhan Page, Love, Mom xoxoxoxo

April 11 - Happy Birthday to MY Mommy! MMMMMMMMMMM MA! Love Braelyn Joy! And Daddy and Kenzie! Xoxoxoxo

April 11 - Happy Birthday Siobhan, Love Great Gram Josephine

April 11 - Happy Birthday Siobhan, Love, Dad & The Gloade Family

April 13 - Happy Birthday to the one I love Sherman Mitchell, Love Bernadette

April 13 - Happy Birthday Sherman love Tracy, Sage, Brent, and Jillisa

April 13 - Happy Birthday Sherman, from your buddy Nathan

April 13 - Happy Birthday Sherman from Jen and Angela

April 14 – Happy 1<sup>st</sup> Birthday to Baby Zahara. Love from Mom & Dad and brother Xavier

April 14 – Happy 1<sup>st</sup> Birthday to Baby Zahara! Love, Nan, Jackie & Katie

## Open Your Heart and Your Home

Mi'kmaw Family and Children's Services of Nova Scotia is in still in need of foster homes. If you have the space in your home and your heart to provide a caring, nurturing and supportive home environment for our Mi'kmaw children and youth or to learn more about the types of Foster care available, Please call: 1-800-565-1884

## Health Centre News

Happy Easter to Everyone!  
From the Stsaff at the Millbrook Health Centre

## Spring Cleanup Week

Spring Cleanup week in Millbrook will begin on Monday April 20 to Friday April 24.

Extra dumpsters will be available the week before and will be located behind the Community Hall and in the vacant lot on Abenaki Rd. beside Sionny Julian's.

## Medical Drivers

Muriel Gloade:  
Home: 895-4380 Cell: 890-9994

T.J. Martin:  
Home: 897-2613

Shawn Gillespie Home: 843-2213

Donna Gloade  
Home: 895-9540 Cell: 986-8842

Germaine Martin:  
Home: 895-3693 Cell: 305-0204

Richard Poulette  
895-4399

James Howe: (Sheet Harbour)  
Home: 885-2249  
Cell: 885-5232

Albert Phillips  
Home: 843-2098

**Patients are reminded to have the following information:**

**Client's Name**  
**Client's Band Number**  
**Client's Date of Birth**  
**Dr.'s Name, Address/Facility & Telephone number**  
**Date and time of appointment**

## **Community Health Nurse** – Debbie Burris

Please call the health centre to make an appointment if you or your child needs any immunizations/baby needles. New incentive program starting, all children completing their 18month needles will receive a Wal-Mart gift card.

**Pre-natal clinic this month will be Friday the 17<sup>th</sup> and 24<sup>th</sup>** from 1-3, drop in for B/P check, weight, fetal heart rate etc. A draw is done at the end of the month.

**Pre-natal classes** are starting very soon:

### **New Schedule:**

**Session # 1 – April 7<sup>th</sup>** from 6:30 – 8:00 with dietician Tara MacKinnon topic “Healthy eating during Pregnancy”

**Session # 2 – April 14<sup>th</sup>** from 6:30 – 8 “Healthy start”

**Session # 3 – April 21<sup>st</sup>** from 6:30 – 8 “Labor and Delivery”

**Session # 4 – April 28<sup>th</sup>** from 6:30 – 8 “Infant care”

**Session # 5 – May 5<sup>th</sup>** from 6:30 – 8 “Hospital tour, if needed And celebration dinner”

All pre-natal sessions are at the Health centre and are on Tuesday evenings, please call to register.

Watch for the “**New Mothers Club**” starting in May, a support group that will meet monthly for all new mothers or caregivers. Each month will have a new topic, guest speaker, nutritional lunch, and prizes. A great way to socialize and get out of the house for baby and mom.

## **NOTICE TO: Senior Chiropractic Clients**

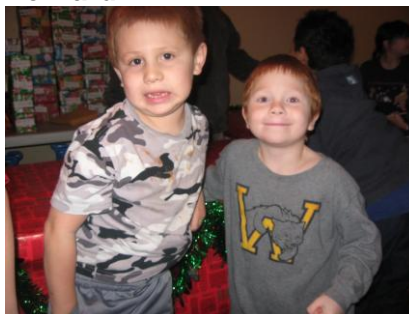
Last fiscal year 2008/09 the Millbrook Band Council determined that the maximum for Senior Band Members chiropractic will be \$1,000.00 per fiscal year.

Therefore, the Health Centre will be tracking amounts used on a monthly basis. You and/or your chiropractor will be notified when you are close to your limit. Once you reach the maximum it will then be up to you to pay for your own treatments.

Your new amount will begin on April 1, 2009 ending March 31, 2010.

Any questions please contact the Director of Health Services, Elizabeth Paul at 895-9468

## **Millbrook Early Intervention**- Sunshine Bernard



*Promoting healthy growth and development in children and families.*

### **What is Millbrook Early Intervention?**

Millbrook Early Intervention is a new program the offers in-home

support to families to promote the growth and development of children from preconception through to early childhood. Trained visitors will provide information so that you as parents can provide the best for your child and family.

### **What We Do:**

We provide:  
Activities In-home  
Family Support  
Parental Support  
Health Education, and....  
Access to other services within the community and surrounding area.

For more information on obtaining services through Millbrook Early Intervention. Please contact Sunshine Bernard at 895-9468.

**BOOK A HOMEVISIT FOR YOUR CHANCE TO WIN A \$100 GIFT CERTIFICATE. TO BE DRAWN EACH MONTH!**

## **From the Desk: Lavinia Brooks, C.H.R.**

Thanks to all who showed up for the senior's luncheon this month and special thanks to Nurses Debbie Burris and Suzette MacLeod for their presentation on "Falls in the home".

A few of you expressed and interest in Yoga and Fitness Classes. I am currently looking for names of those interested in either one, so please leave your name with the receptionist at the health centre as I am currently looking for trained people to accommodate these activities

and will hopefully have them come to the next luncheon to give us information on yoga and fitness training.

Happy Easter to all the Elders and Happy Birthday to the following:

April 4th, Don Julien  
April 6th Evelyn Paul  
April 12th Doug Howe  
April 28th Jean Martin

### **Relay for Life:**

The Millbrook Band Council & Health Centre Staff will be having a number of fundraising activities over the next 8 weeks for Relay for Life. We will be walking on June 12th, 2009. We will be looking for support from our wonderful community as we strive to contribute our time and energy to a great cause! We thank the community in advance for your unwavering support.

### **Smoking Fact**

What's in cigarette smoke? Cigarette smoke contains over 4,000 chemicals and poisons, including 50 that are known to cause cancer. Some of the poisons and chemicals in cigarette smoke are:

- Carbon Monoxide
- Arsenic
- Cyanide
- Mercury

When you smoke, many of these chemicals mix together and form a sticky tar. The tar sticks to clothing, skin, and to the tiny hairs that line the insides of your lungs. These hairs help to clean out dirt and

germs from your lungs. If they are covered in tar, they can't do their job properly.

Germ, chemicals and dirt stay in your lungs and cause lung and other cancers, heart disease, emphysema and chronic bronchitis.

### **Nicotine**

Nicotine is the drug responsible for making cigarettes so addictive. It makes your body crave more cigarettes and that means inhaling all those chemicals.

### **“Light” or “mild” – low tar and low nicotine brands**

Many smokers of these brands think they are reducing their health risks from smoking. They believe they inhale less tar compared to regular cigarettes.

They're not. Regular smokers who switch to these low tar and low nicotine cigarettes tend to adjust their smoking habits by inhaling deeply or longer or covering up the ventilation holes to get enough nicotine. This also means they are inhaling more chemicals and tar.



### **Bowling Fun League**

Anyone interested in getting some exercise and having fun? Then you should join our Bowling fun league. Just show up and get put on a random team of 4. Category Prizes will be given out at the end of the six sessions. Prizes for:

- High Men/Women's Singles
- High no marks Men/women
- High Men's Average
- High Women's Average
- Best Attendance

Bowling starts will be on Thursday's April, 16th, 2009 and will continue each Thursday until till May 21st, 2009.

Cost is \$10.00 per bowler + 1.50 for shoe rental, Payable night of bowling please. Bowlers must be present at 4 of the sessions to qualify for prizes.

You can sign up Receptionist at the Health Centre at 895-9468. Please leave your name and Phone # so that we can contact you. Thanks

## **Millbrook** **Addictions**

### **Regular Hours**

**Peter Gloade - 897-1234 or 890-1671 (cell)** – Office Hours: Monday – Wednesday 9:00am – 4:30pm

### **Mi'kmaw Lodge:**

The next program at the Mi'kmaw Lodge in Eskasoni will be May 4, 2009. This is a 5 weeks program.

### **Rising Sun:**

The Next program at Rising Sun March 25, 2009. 5 weeks Female

### **HELP LINES:**

For any youths who are having a personal problem, problems with bullying, peer pressure or anything else, and are afraid to talk to some one, there is a number to call. All calls are confidential.

Youth Help Line: 1-800-420-8336

Kids Help Line: 1-800-668-6868

Or visit the website at:  
[www.kidhelpphone.ca](http://www.kidhelpphone.ca)

### **A.A. Meetings**

Peter has a list of A.A., NA meetings in the Truro area. For AL-ANON meeting please call 895 5535

### **Addiction Services-**

Charles Casselman from Addiction Services will be available every Monday at the Health Centre for one on one counselling. Please call Jane J. at the Health Centre to make an appointment 895-9468.

[www.addictionservices.ns.ca](http://www.addictionservices.ns.ca).

## **YOUTH DAY WORKSHOP**

On Saturday, April 25 we will be having a one day events at the community Hall, Re addictions. Instead of the youths sitting and listening to speakers all day the youths will be taking part in different events such fun and games.

This is for Grades 6 to 12, Time starts at 9:00am lots of prizes to be won, His / Her bikes, gift certificates, and movie passes  
Lunch will be served Subway & soup  
Facilitator for the day will be David "Max" Maxwell



***Earth Day is  
April 22!!***

## **Youth Dance!!!**

Where: Community Hall  
When: Saturday, April 25

7 to 9pm – grades 5 & under  
9 to 11pm – grades 6 & up



**\* Chances to win Movie passes!**  
Pizzas served at both dances!  
**There will be a canteen put on by the Millbrook Youth Group!**

# EDUCATION NEWS

## April 2009

submitted by Debbie Gloade

**HAVE A HIPPIITY,**

**HOPPITY**

**EASTER!**



### MILLBROOK EARLY EDUCATION CENTRE



Tel: 897-1249 or 897-0445

Fax: 897-2324

Director's email: [sylviameec@eastlink.ca](mailto:sylviameec@eastlink.ca)



## GENERAL INFORMATION

### LUNCH CHEQUES

Lunch cheques are issued 4 school days after the last school day of each month. February lunch cheques will be issued on **Monday, April 6.**



### ATTENDANCE CHEQUES

Attendance cheques for junior and senior high students will be issued three times per year. The next attendance cheque will be issued on **Monday, April 6.**

### Happy Birthday

Happy April Birthdays to: Alyssa Woodworth-Gloade, Jake Maloney, Jenae Bernard, Connor Wilmot, Madison Googoo & Maria Martin!!



**CONGRATULATIONS** to Aiden Gloade (pictured below proudly displaying the medal he received) for participating in the recent 36<sup>th</sup> Annual Wallace Bernard Memorial Indian Youth Hockey Tournament, TOTS JAMBOREE, March 6<sup>th</sup> & 7<sup>th</sup>, in Sydney, NS. Way to go, Aiden! From Director, Staff & kids at the Millbrook Early Education Centre.



**PLEASE DRIVE SLOWLY & CAREFULLY** in our parking lot. Although it's a fairly long driveway, it is not a regular street, please don't drive the speed limit that's posted on Church Road. If anyone were to hit a patch of ice, they could drive directly into the building or worse – into a child, entering or leaving the building!

**Parent-Tot & Parents-As-Teachers Workshops**

THANKS to all parents & caregivers for attending our workshops, the turnouts have been great! In April we will be holding 'Easter' themed Parent-Tot Workshops twice on April 3<sup>rd</sup> (morning & afternoon sessions) and once on April 9<sup>th</sup> (afternoon). The Parents-As-Teachers Workshop will be on 'Bicycle Safety' on Monday, April 27<sup>th</sup>. Reminders will be posted at band office and various locations in the community shortly before these dates. Call Sylvia to register for workshops.



Please note that we are now offering **Part-Time Daycare Services** for those parents who only need the services 2-3 days per week. For details, please call Sylvia.

**"NEW"**



Rather than having Mother's Day Tea or Father's Day Barbecue, the Centre has opted to start a new tradition of celebrating the entire FAMILY, plans are

currently underway to hold our 1<sup>st</sup> Annual Family Day in early June.

More info to follow in next newsletter ☺.



**PRE-SCHOOL REGISTRATION**

We will be having a Pre- School Registration Day for parents to come in to complete registration forms for any/all children in the community who plan to attend either our Pre-School 3, or Pre-School 4 Program in the Fall (September 2009), on Friday, May 8<sup>th</sup>, 2009 from 9:00 am to 2:00 pm. If you would like to have an application form before then, they are available at our Centre, the Millbrook Band Administration Building, or the Millbrook Health Centre.



**Important Daily Reminders to Parents of ALL Millbrook Early Education Centre Children:**

Please call by 9:00 am if your child is going to absent or late, so snacks, meals, crafts, etc. may be prepared appropriately.



There are still some children coming without snow pants, hats & mittens. Although it's spring, it is still cold outside and we still have SNOW, please remember to dress the children appropriately, so they can play outside with everyone else.

PRE-SCHOOL Services are:

9 am - 1 pm, Monday to Thursday (3 Yrs)

9 am - 2 pm, Monday to Friday (4 Yrs)

Please respect these hours and ensure your children are ready when Sonny arrives with the bus! If you are driving your children in, please ensure your children arrive before 9:00 am, so they do not miss out on valuable classroom time!

NOTIFY us IMMEDIATELY of any changes in:

- Emergency Contacts (telephone numbers)
- Names of people permitted to pick up children (The staff is NOT permitted to release the children to anyone not listed on application!!)

\*Children with: head lice, fever, diarrhea, vomiting, a severe cold, spots on the body or any other symptoms that may be contagious must be kept at home. If someone in the child's family has any of these symptoms, please let us know so we can keep an eye for it!

NO medication will be administered by staff. If your child requires medication, a parent/guardian must administer it.

ABSOLUTELY NO toys or outside food/drinks are permitted. Morning snacks (& afternoon, for Daycare), as well as lunch, will be provided by the Centre.

ALWAYS ensure that your child brings (on daily basis):

- Backpack (ALL)
- Communication Folder (ALL)
- diapers/pull-ups (DAYCARE only)
- a set of extra clothing (ALL)

- entire snowsuit (in winter) & bathing suit/towel (in summer) (ALL)

DAYCARE Services are available 7:30 am to 5:00 pm, Monday to Friday. Please respect these hours and note that after 5:00 pm, there is a charge of \$5 for every 15 minutes late. NOTE: The children love our 'Brain Warm Up' time (8:30 am – 9:00 am), so please ensure children arrive before 8:30 am, so they do not miss out on this! After Brain Warm Up is 'Circle Time'...

## **CIRCLE TIME**

Circle Time is a time for all the children of each age group, to meet, greet and start their day, in their respective classrooms. Because the groups are divided by age, the activities used are based on a developmental framework, taking into consideration the youngest (18 month-2 year) to the oldest (4 year). Teachers take turns being the Circle Time leader, with active involvement from the children being encouraged.

The 18 month to 2 year old children enjoy songs, finger plays, color and shape sorting and matching, and vocabulary exposure (such as animals, concepts of big/little, number words), all of which are introduced and modeled in Mi'kmaq and English. Turn taking and listening are demonstrated and encouraged, by their teachers. The 3 year old children review letters (recognition, naming, sorting, matching—often using their own names); numbers (rote counting, calendar, one to one correspondence); weather; month and day; shapes and colors, during their Circle Time. The children receive vocabulary exposure through theme based story books and songs/finger plays. The development of listening skills, co-

operative skills, independence and understanding of instructional language are main focuses of the teachers, done not just during Circle Time, but throughout the day.

Circle Time for the 4 year olds enhances the skills that the children have learned as 3 year olds. As well, a variety of more challenging activities, that further develop letter and number recognition and naming, emergent literacy skills( such as rhyme, syllabication), and problem solving skills, are introduced and reviewed on a daily basis. Theme based story books, songs and finger plays are also done daily. Movement activities from the Tumble Bugs program are incorporated to support listening skills and understanding of instructional language.

Establishment of the Circle Time routine, which “moves” with the children, as they enter “Big School” and encounter Circle Time once again, will prepare the children for a more successful transition.



**HAVE A HAPPY EASTER!**



## **PLAYGROUND**

The small playground equipment (located within the fenced area of our Centre) is intended for use by children ages 18 months to 5 years. There is **NO PUBLIC ACCESS TO THE SMALL PLAYGROUND** during

the Centre’s Hours of Operation: 7:30 am – 5:00 pm.

After 5:00 pm, all community members are welcome to enjoy the playground, providing they **RESPECT** the area and playground equipment while there, **PLEASE** and **THANK YOU!**

**PARENTS:** Please remind your children of the following playground rules.

### **PLEASE PLAY SAFE & RESPECT THE PLAYGROUND.**

**NO** pets, **NO** smoking, **NO** littering. Please use trash cans provided.

**NO** yelling or foul language.

**NO** throwing rocks.

**NO** running, or chasing games.

**NO** climbing on, or over, fences.

**NO** standing on, or jumping off, equipment or tables.

**WARNING:** The premises are monitored by video surveillance. Anyone caught vandalizing playground equipment will be held responsible for damages.





# **TRURO** **ELEMENTARY NEWS** **896-5755**

## **IMPORTANT DATES**

April 10 – Good Friday, No School

April 12 – Easter Monday, No School

## **RECESS**

The canteen is open for recess; please send money or a snack from home as the children are getting hungry by this time.

## **SAFE ARRIVAL**

When you call to report a child being absent, please be sure to talk slowly and clearly, stating the child's name, teacher's name and the reason your child is going to be absent or late, please do this before 8 am.

**Please remember to always tell your child where they are expected to go after school, before they leave home in the morning. Staff cannot always get messages to students before the end of the day.**

## **BREAKFAST PROGRAM**

Breakfast is available to students who need it. This program runs from 7:40 to 8:00, it is free and open and welcoming to all.

Students should check in with their teachers and then go right to the program as soon as they get off the bus.

## **LUNCH PROGRAM**

Millbrook provides the lunch program to students who are Millbrook Band Members. Students have the choice of Healthy Meal # 1 or Healthy Meal # 2. Parents are reminded to please fill out the lunch tickets and return them each Friday.

**HAPPY BIRTHDAY** to Marissa Brooks, Charleigh Marshall, Connor Sylliboy, Jayden White who will celebrate birthdays in April.



## **INTER-MURALS**

Inter-murals are held on Mondays and Wednesdays for Grade 4 students and on Tuesdays and Thursdays for Grade 5 students. Inter-murals take place at the school from 2:00 – 3:00 p.m., please make sure your son/daughter wears appropriate gym clothing and sneakers. A bus will be provided by Millbrook to transport children home.

## **THANK YOU**

Thank you to the parents who attended Parent Teacher and congratulations to the following parents who won the door prizes; Luisa Martin – Movie Money, TJ Martin – Mixer, Evan Sylliboy – Blanket, Shawn Gillespe – Crock Pot and Jason Brooks who won the Frying Pans. We really appreciate parents taking time from their busy days to attend Parent Teacher.

## **NIGHTLY CHECKS**

Please check your child's backpack each and every day for important information about what is going on in the school.



## **TJHS NEWS**

**896-5550**

### **IMPORTANT DATES**

Friday, April 10 – Good Friday, No School

Monday, April 11– Easter Monday, No School

Thursday, April 23 – TJHS Dance

**THANK YOU** to all the parents who attended Parent Teacher Interviews on March 12 and 13.

**CONGRATULATIONS** to Marissa Bernard, Sherry Paul, Shania Sylliboy, Justice Brooks and Summer Paul for their roles in the Diversity Presentation which was held on March 3, way to go girls. Thank you for promoting your Mi'kmaq Culture!

Congratulations also to Tia Googoo who auditioned for the school play and was chosen as a cast member. Way the go, Tia!

**HOMEWORK CLUB** - is held Monday to Thursday each week. Please encourage your child to stay and complete homework and assignments.

**EXTRA CURRICULAR ACTIVITIES** - Please encourage your child to become involved in the many extracurricular activities that are offered to our students.



**HAPPY BIRTHDAY** to Shanice Sylliboy and Shania Sylliboy who both have birthdays in April.

**REMINDER** – Parents and Visitors are reminded to sign in at the office each time you visit the school.

**PARKING** - At dismissal time, please do not stop or park along the sidewalk at the front of the school. PLEASE wait for your child in the designated parking lot.

### **FROM THE DESK OF MALI SYLLIBOY**



News from the TJHS Red Neighbourhood (Grade Six Corner)

Kwe' Emsit-wen,  
With the 3<sup>rd</sup> term in full swing and the 2<sup>nd</sup> term reports out, a lot of students are now inspired to do as well, or even to do better this term. Some students have vowed to come to Homework Club every single day, and also to come in early in the mornings to get a head start on their assignments. To help keep students on top of their assignments here is a list of up-coming projects/ homework/events:

**6-1 & 6-2 - ELA** – students are encouraged to read nightly for 20 minutes.

**Math** – Study multiplication chart nightly, Problem of Week is due every day 5, Skills Bank should be done nightly (due the end of April).

**Science** – All students worked hard and did well for their science fair project. There is no major assignment right now, students just completed the Electric Unit.

**6-3 & 6-4 - ELA** – The students will soon be assigned a Book Bag Project based on a children’s story which will be presented to the class. Supplies they will need for the project: bag (cloth or paper), book, items to put in the bag. Also – for those students who would like to improve their marks from a 3 to a 4 or 5, they have an opportunity to do so by doing a Book Report which will be due mid-May. The book they choose must be an award winning book. (Congratulations on a job well done to the students on their Monster Pod Cast Projects).

**Math** – Students are expected to complete a weekly POW and to study their multiplication chart.

**Science** – Students will be assigned a project on the Flight Unit. More info on the projects will be available later.

### **FROM THE DESK OF JANET BERNARD**



**ENGLISH**- Major Reading Projects for all grade 7 students are due on May 13. Students should begin working on this each night as it is a **MAJOR** assignment.

7-2 & 7-4 have an English “Sweeney Poster” due on April 2.

**SOCIAL STUDIES** - Grade 7 students are working on “Louis Riel & Confederation.

**SCIENCE** – Students are working on Unit 4 which covers the Earth’s Crust.

**MI’KMAQ** – Students are working on “Lost Identity,” by Rita Joe. Question booklets are to be answered. Students should be working on this every night for homework.

### **FROM THE DESK OF**



### **TOM WILSON**

Students have been back at school for little over a week now. I hope everyone enjoyed their March Break. Parents, Term 3 is well underway please encourage your children to keep their attendance up even when the sunny weather hits us later this month and during May and June.

Grade 8 and 9 Science students have already received some great marks for 3<sup>rd</sup> Term because of their excellent Science Fair Projects. Good job everyone!

Grade 9 English students were given their 3<sup>rd</sup> term Assessment List (projects, essays, etc.) and Final Exam Outline. If students did not get a copy before March Break they should ask Mrs. Hencher for a copy as soon as possible. As well, parents and students can get this information off of the TJHS Homework website for Mrs. Hencher dated March 13<sup>th</sup>. The website is <http://chignecto3.ednet.ns.ca/tjshomework/homework.asp>

Students are reminded that your hard work for the next 2 months will pay off BIG TIME at the end of June.

Mr. Wilson



# **CEC NEWS**

**896-5700**

First Nations Program Support Teacher –  
Natalie Horne

Office Number: 896-5728

E-mail: hornen9@staff.ednet.ns.ca

## **IMPORTANT DATES**

April 10 - Good Friday

(Holiday – No classes)

April 13 - Easter Monday

(Holiday – No classes)

April 18 - CEC Musical

“THE WEDDING SINGER”

April 20- 24 - CEC First Nations Cultural  
Alliance Week

April 23 - Parent-Teacher Interviews

(6:30-8:30pm)

April 24 - In-Service (am – No classes),

Parent-Teacher Interviews (1-3)

April 30 - Aboriginal Scholarship

Opportunity (CINUP) Deadline

## **\*\*CONGRATULATIONS\*\***

Congratulations to Jessica McDonald who was chosen as one of three artists to represent Nova Scotia at the National Artists Program (NAP) which will be held in conjunction with the Canada Games in Charlottetown this summer.

Congratulations also to Devann Sylvester who was chosen as one of CEC’s “Students of the Month” for her outstanding academic achievements, and commitment to extracurricular activities.

## **HOMEWORK CLUB**

Homework Club runs Monday and Wednesday afternoons from 3:00-4:10. All students are welcome to attend!



## **FIRST NATIONS CULTURAL ALLIANCE**

We have chosen the week of April 20-24<sup>th</sup> as the First Nations Cultural Alliance Week. Anyone interested in presenting or teaching a skill related to Mi’kmaw Culture please call Natalie at 896-5728.

[Press Ctrl + click to view our community events calendar!](#)



















